

Extension Activities: 2019-20

Extension and Outreach activities conducted during the year 2019-20

S.NO	Name of the activity	Organising unit/ Forum/ collaborating agency	Date of the activity DD-MM-YYYY	Number of students participated in such activities
1	Drive for No plastic bag	Rotaract Club, Prestige Institute of Management, Gwalior	01 to 02-10-2019	45
2	Visit to Orphanage	Rotaract Club, Prestige Institute of Management, Gwalior	04-08-2019	25
3	Visit to cowshed Adarsh Gaushala.	Rotaract Club, Prestige Institute of Management, Gwalior	04-10-2019	28
4	Rice and Pulse Distribution with Robin Hood Army.	Rotaract Club, Prestige Institute of Management, Gwalior	08-Aug-19	50
5	Sahyog Stationary Distribution Drive	Rotaract Club, Prestige Institute of Management, Gwalior	11-10-2019	75
6	Social Service :Food distribution in old age home	Rotaract Club, Prestige Institute of Management, Gwalior	14-07-2019	23
7	Meeting with Anganwadi Kids	Rotaract Club, Prestige Institute of Management, Gwalior	14-11-2019	24
8	Zoo visit with CWSN Children.	Rotaract Club, Prestige Institute of Management, Gwalior	16-11-2019	45
9	Distribution of fruits Kits to patients in Government Hospitals	Rotaract Club, Prestige Institute of Management, Gwalior	16-Oct-19	6
10	Inter school Debate Competition	Rotaract Club, Prestige Institute of Management, Gwalior	16-09-2019	50
11	Mangaldham Old age home visit	Rotaract Club, Prestige Institute of Management, Gwalior	21-Aug-19	40
12	Narayan oldage home visit	Rotaract Club, Prestige Institute of Management, Gwalior	26-10-2019	23
13	Visit to Aanganwadi	Rotaract Club, Prestige Institute of Management, Gwalior	27-09-2019	50

14	Plantation at MLB college campus	Rotaract Club, Prestige Institute of Management, Gwalior	28-07-2019	28
15	Prayas: Cloth and Blanket Distribution Drive in backward and slum areas	Rotaract Club, Prestige Institute of Management, Gwalior	01-12-2019	56
16	Meeting with Slum kids	Rotaract Club, Prestige Institute of Management, Gwalior	25-12-2019	45
17	A Bike Rally On traffic Awareness with Gwalior Police	Rotaract Club, Prestige Institute of Management, Gwalior	11-01-2020	200
18	Launching PRAYAS Project	Rotaract Club, Prestige Institute of Management, Gwalior	02-12-2019	20
19	Book Distribution	Rotaract Club, Prestige Institute of Management, Gwalior	18.02.2020	36
20	Lockdown Blues: How to stay mentally strong	Rotaract Club, Prestige Institute of Management, Gwalior	12.04.2020	46
21	Chahak	Rotaract Club, Prestige Institute of Management, Gwalior	17.05.2020	80
22	Save water	College Campus, NSS	01.08.2019	75
23	Plantation of Peepal Saplings	College Campus, NSS	16.07.2019	75
24	International Yoga Day	LNUPI , NSS	16.07.2019	100
25	Safety Awareness programme Against COVID -19	Online workshop, NSS	17.4.2019	43
26	International Human Rights Day	Jiwaji University, NSS	10.12.2019	52
27	Varsharopan : NSS Establishment Day	College Campus, NSS	24.09.2019	70

Name of Activity: Social Service: Drive for No plastic bag

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 01 to 02-10-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 45

Number of Beneficiaries: Student volunteers created awareness regarding no plastic bags and approximately 100 disposable bags were distributed to retailers and consumers in Market areas of Gwalior.

Educational Objectives

- To educate students and the community about the adverse environmental impacts of plastic usage.
- To promote sustainable practices by encouraging the adoption of reusable and eco-friendly alternatives to plastic bags.
- To develop students' social responsibility and leadership skills through active community engagement.

General Objectives

- To create awareness about the importance of reducing plastic waste in daily life.
- To promote the use of cloth bags as a sustainable alternative to plastic bags.
- To foster a culture of environmental stewardship within the Gwalior community.
- To encourage students to actively participate in societal development initiatives.

Activity Overview

The "Drive for No Plastic Bag" was a two-day campaign organized by the Rotaract Club of Prestige Institute of Management, Gwalior. The event began with an **informative session** to educate student volunteers about the harmful effects of plastic on the environment and equip them with communication strategies for outreach.

Armed with this knowledge, 45 students participated in a variety of activities:

1. **Door-to-door interactions:** Students spoke to residents about the environmental consequences of using plastic bags and encouraged them to shift to reusable alternatives.
2. **Pamphlet distribution:** Informative leaflets highlighting the harmful effects of plastic and benefits of sustainable alternatives were distributed.
3. **Awareness booths:** Students set up booths in market areas, interacting with retailers and consumers, and demonstrating the practicality of cloth bags.
4. **Cloth bag distribution:** A total of 100 reusable cloth bags were distributed to retailers and shoppers in key market areas of Gwalior to encourage immediate adoption of eco-friendly practices.

Impact

- **Community Impact:** The drive successfully created awareness among retailers, consumers, and residents of Gwalior about the harmful effects of plastic bags. It encouraged behavioral change towards using eco-friendly alternatives.
- **Environmental Impact:** By distributing 100 reusable cloth bags, the initiative promoted the reduction of single-use plastic bags and contributed to waste reduction.
- **Student Development:** The campaign enhanced the students' interpersonal, communication, and leadership skills. It also instilled a sense of social responsibility and environmental consciousness among participants.

Feedback and Testimonials

Students:

- "Participating in this drive was an eye-opening experience. It made me realize how small efforts like these can create a ripple effect in the community."
- "The interaction with community members taught me the importance of communication in spreading awareness and bringing change."

Beneficiaries:

- "We were unaware of how harmful plastic bags are for the environment. The students explained it very well and even provided cloth bags, which we will now use instead." – *Rajesh Kumar, Local Shopkeeper.*
- "This initiative was much needed in our area. The enthusiasm of the students was inspiring, and their message was impactful." – *Meera Devi, Resident.*

Event Photographs



Glimpses of Drive for No plastic bag



Student volunteers distributing reusable cloth bags to retailers and consumers

Glimpses of Drive for No plastic bag



Student volunteers distributing reusable cloth bags to retailers and consumers



Glimpses of Drive for No plastic bag

Acknowledgment

The Rotaract Club of Prestige Institute of Management, Gwalior, extends its heartfelt gratitude to:

- The Management of Prestige Institute of Management, Gwalior, for their unwavering support and encouragement.
- The collaborating agency, Rotaract Club, for their logistical support and guidance.
- The student volunteers, for their dedicated efforts in making the drive a success.
- The residents of Gwalior, for their positive reception and active participation in adopting eco-friendly practices.

Conclusion

The "Drive for No Plastic Bag" was a commendable initiative that successfully created awareness about the environmental impact of plastic bags and promoted the use of eco-friendly alternatives. The active involvement of 45 students and their effective outreach efforts contributed to behavioral change among community members. This initiative not only addressed a critical environmental issue but also fostered a sense of responsibility and leadership among the students.

Through sustained efforts like these, the Rotaract Club of Prestige Institute of Management, Gwalior, aims to continue its commitment to environmental sustainability and social impact.

Report Submitted by:



Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Visit to Orphanage

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 04-08-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 25

Number of Beneficiaries: Student volunteers met 30 kids in orphanage distributed gifts and refreshments.

Educational Objectives

- Sensitize students to social responsibility and community service.
- Foster empathy, teamwork, and leadership through meaningful interactions.
- Enhance emotional intelligence through compassion-driven activities.

General Objectives

- Celebrate Friendship Day by spreading joy and fostering bonds.
- Encourage student participation in social outreach initiatives.
- Provide a platform for students to contribute to the betterment of society.

Activity Overview

The event saw 25 students organizing interactive games, art and craft sessions, and a cultural program with 30 children. Friendship bands were distributed to symbolize bonds, and gifts with refreshments were shared to add to the festive atmosphere.

Impact

- **Social Impact:** Brought smiles and a sense of belonging to 30 children.
- **Student Development:** Students developed empathy, social awareness, and leadership skills.
- **Community Bonding:** Strengthened the bond between students and children.

Feedback and Testimonials

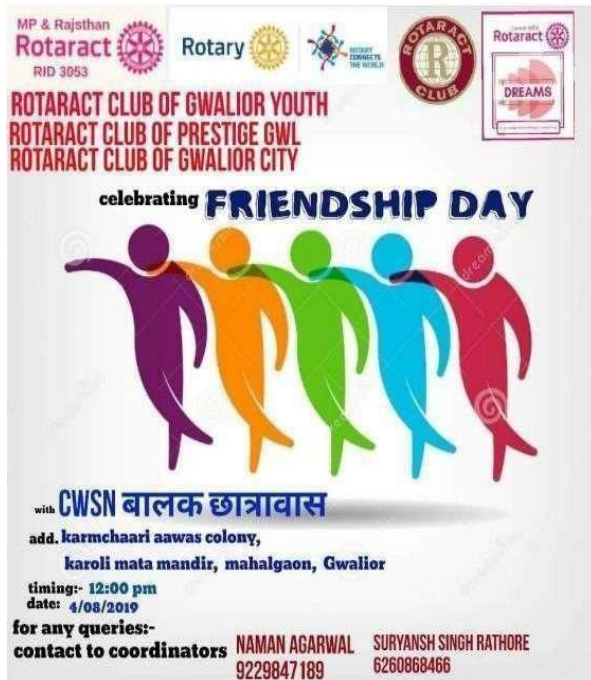
Students:

- *"Interacting with the kids was an unforgettable experience. Their smiles made the day special."*
- *"This taught me the value of giving and making a difference in someone's life."*

Beneficiaries:

- *"The games and gifts made us very happy. Thank you for celebrating with us!" – Rohit, 10 years old*
- *"The students made our children feel loved and cared for. It brought joy to everyone." – Orphanage Caretaker*

Event Photographs



Glimpses of Visit to Orphanage

Acknowledgment

Thanks to the management of Prestige Institute of Management, the orphanage staff, and student volunteers for their support and cooperation.

Conclusion

The event showcased the power of friendship, empathy, and community service. It enriched the lives of 30 children and helped students understand the value of social responsibility, leaving a lasting impact on everyone involved.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of the activity: Visit to cowshed Adarsh Gaushala

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Adarsh Gaushala and Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 04-10-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 28

Number of Beneficiaries: Student volunteers visited adarsh gaushala and fed more than 30 cows

Educational Objectives

- Develop an understanding of animal welfare and its importance.
- Promote awareness about humane treatment and care for animals.
- Encourage students to take active roles in animal conservation efforts.

General Objectives

- Celebrate World Animal Day by fostering compassion for animals.
- Support Adarsh Gaushala in its initiatives for cow care and well-being.
- Encourage a culture of empathy and responsibility towards animals.

Activity Overview

The event began with a session on the significance of World Animal Day and the role of animals, especially cows, in society. Students were introduced to the operations of Adarsh Gaushala and participated in various activities like feeding and grooming the cows. Essentials such as fodder and hygiene products were distributed, showcasing support for the care initiatives of the Gaushala.

Impact

- **Animal Welfare:** Enhanced the well-being of over 30 cows with direct care and essential supplies.
- **Student Development:** Fostered a sense of compassion, responsibility, and awareness about animal welfare.
- **Community Impact:** Strengthened collaboration between students and local organizations supporting animal care.

Feedback and Testimonials

Students:

- *"The event was an eye-opener about the importance of caring for animals. It felt fulfilling to contribute."*
- *"Feeding the cows and learning about their care has inspired me to be more mindful about animals."*

Beneficiaries:

- *"The contribution from students was a significant help in maintaining the Gaushala. We are grateful for their efforts." – Gaushala Caretaker*

Event Photographs



Glimpses of Visit to cowshed Adarsh Gaushala

Acknowledgment

Special thanks to Adarsh Gaushala for their support and collaboration, and to the student volunteers for their enthusiastic participation in making this event a success.

Conclusion

The World Animal Day Celebration at Adarsh Gaushala was a meaningful initiative that highlighted the importance of animal welfare. The active involvement of 28 students not only supported the well-being of over 30 cows but also emphasized the need for compassion and responsibility towards animals, creating a lasting impact on both the participants and the community.

Report Submitted by:

A handwritten signature in blue ink, appearing to be 'A. Dubey', with a circular mark around the initial 'A'.

Mr. Abhay Dubey
Faculty Coordinator

Name of the activity: Rice and Pulse Distribution with Robin Hood Army

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 8-08-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 50

Number of Beneficiaries: Ration was distributed to around 40 under privileged people.

Educational Objectives

- To instill the values of empathy and community service among students.
- To create awareness about food insecurity and the importance of sharing resources.
- To encourage active participation in initiatives aimed at social welfare.

General Objectives

- Distribute essential food items to underprivileged individuals in Gwalior.
- Strengthen the sense of social responsibility in student volunteers.
- Promote collaborative efforts to address local issues like hunger and food scarcity.

Activity Overview

On August 8, 2019, the Rotaract Club of Prestige Institute of Management, in collaboration with the Robin Hood Army, organized a "Rice and Pulse Distribution" event. Fifty students participated enthusiastically, contributing to packing and distributing essential food items.

The event began with a briefing on the purpose of the initiative and its potential impact. The distribution process was carried out efficiently, covering several areas of Gwalior. Families in need received rice and pulses, addressing their immediate food requirements.

Impact

- **Community Support:** Helped 40 underprivileged individuals meet their basic food needs.
- **Student Engagement:** Cultivated a spirit of giving and teamwork among 50 student volunteers.
- **Awareness Generation:** Highlighted the issue of hunger and inspired more individuals to support similar causes.

Feedback and Testimonials

Students:

- *"This experience has made me realize the importance of sharing and helping others in need."*
- *"It felt wonderful to see smiles on the faces of those we could help."*

Beneficiaries:

- *"The food items were a blessing for us. We are grateful to the students and organizers." – A recipient from the community*

Event Photographs



Glimpses of Rice and Pulse Distribute with Robin hood army

Acknowledgment

We extend our heartfelt thanks to the Robin Hood Army for their support and collaboration, and to the student volunteers for their active involvement. This event would not have been possible without their efforts and commitment to social welfare.

Conclusion

The "Rice and Pulse Distribution" event was a significant step towards addressing food insecurity and fostering a sense of community. The collaboration between the Rotaract Club and the Robin Hood Army ensured the success of the initiative, leaving a positive impact on both the

beneficiaries and the volunteers. The event not only provided immediate relief to 40 underprivileged individuals but also reinforced the values of compassion and service among the participants.

Report Submitted by:

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Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Sahyog Stationary Distribution Drive

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 11-10-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 75

Number of Beneficiaries: Stationary kits were distributed 103 underprivileged kids of slum areas

Educational Objectives

- To promote education by providing essential stationery supplies to underprivileged children.
- To inspire and empower children to continue their academic pursuits with confidence and enthusiasm.
- To create awareness about the importance of education in personal and societal development.

General Objectives

- To inculcate a sense of social responsibility and empathy among students.
- To foster teamwork and collaboration through community engagement activities.
- To make a meaningful impact on the lives of underprivileged children and their families.

Activity Overview

The Sahyog Stationary Distribution Drive, organized by the Rotaract Club of Prestige Institute of Management, Gwalior, was conducted on October 11, 2019. The event aimed to address the educational needs of underprivileged children in slum areas by distributing stationery kits, which included notebooks, pens, pencils, erasers, and rulers. Seventy-five student volunteers enthusiastically participated in the initiative, ensuring efficient packing and distribution of the kits. The event also served as a platform to foster a sense of unity and compassion among the volunteers while making a tangible impact on the lives of 103 children.

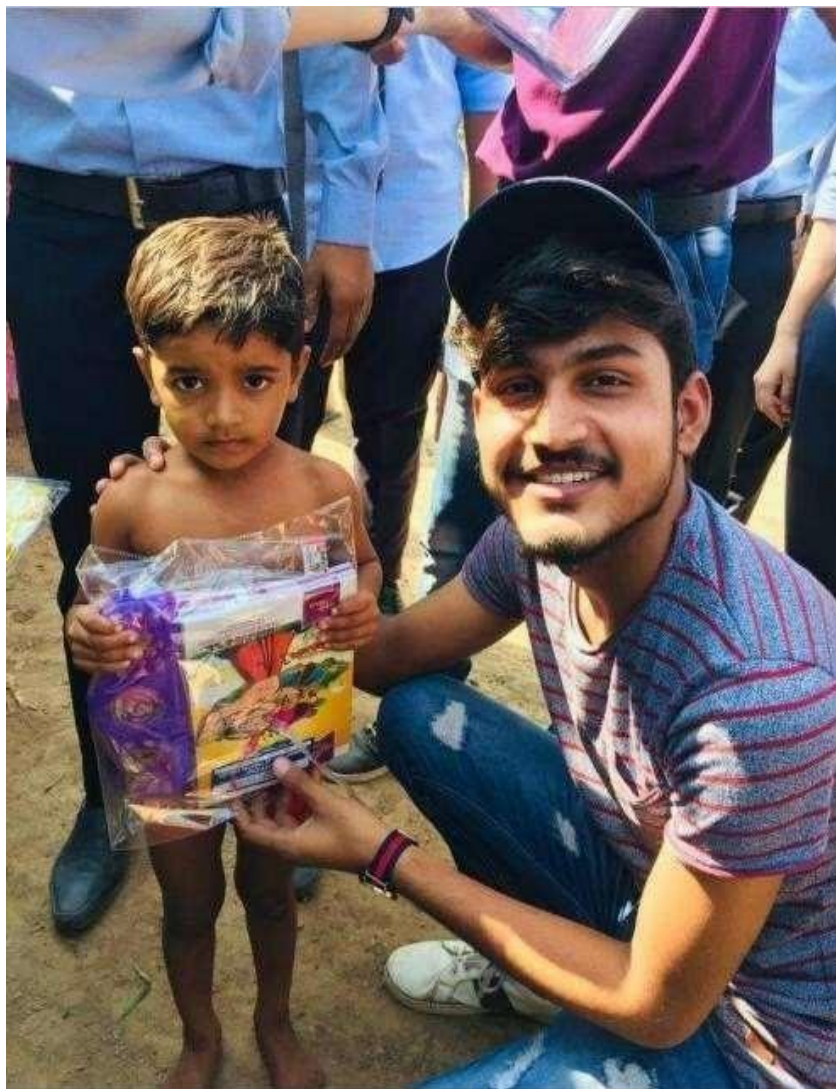
Impact

- **For the Beneficiaries:**
The stationery kits enabled 103 children to fulfill their educational needs, boosting their morale and motivation to study.
- **For the Volunteers:**
The event provided an opportunity for the student volunteers to engage in meaningful community service, fostering a sense of empathy, responsibility, and teamwork.
Feedback and Testimonials
- **Student Volunteer Feedback:**
“It was a heartwarming experience to see the smiles on the faces of the children. Knowing that our small contribution could make such a big difference in their lives was truly fulfilling.” — A participant from Prestige Institute of Management.
- **Beneficiary Testimonial:**
“I am so happy to receive these notebooks and pencils. I can now complete my school homework without worrying about supplies. Thank you!” — A child beneficiary from the slum area.

Event Photographs



Kids after receiving their stationary kits



Student volunteers distributing stationary kits to slum kids



Student volunteers distributing stationary kits to slum kids

News Coverage





Acknowledgment

We express our sincere gratitude to the Rotaract Club of Prestige Institute of Management for their seamless coordination and unwavering commitment to community welfare. Special thanks to all 75 student volunteers whose active participation made the Sahyog Stationary Distribution Drive a success. We also acknowledge the efforts of faculty members and collaborators who supported this noble initiative.

Conclusion

The Sahyog Stationary Distribution Drive was a commendable initiative that highlighted the power of collective action in addressing social challenges. By fostering a spirit of compassion and collaboration, the event not only supported the educational journey of 103 underprivileged children but also instilled a deep sense of social responsibility among the student volunteers. This event exemplifies how small efforts can create a lasting positive impact, inspiring others to contribute to building a more equitable and supportive society.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Food distribution in Old age home
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Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 14-07-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 23

Number of Beneficiaries: Student volunteers distributed food to 30 residents of Narayan oldage home

Educational Objectives

- To promote the values of empathy, care, and intergenerational understanding among students.
- To provide students with hands-on experience in community service and social engagement.
- To foster a sense of responsibility toward addressing the needs of vulnerable sections of society.

General Objectives

- To address the nutritional needs of the elderly residents of Narayan Old Age Home.
- To provide companionship and emotional support to the elderly, reducing their sense of isolation.
- To inculcate a spirit of teamwork and compassion among student volunteers.

Activity Overview

The Food Distribution in Old Age Home initiative was conducted on July 14, 2019, as a collaborative effort between Narayan Old Age Home and the Rotaract Club of Prestige Institute of Management, Gwalior. The event brought together 23 student volunteers who prepared and distributed nutritious meals to 30 elderly residents. Beyond meeting their nutritional needs, the activity aimed to provide emotional support and companionship, promoting a sense of dignity and care for the elderly.

Students actively engaged with the residents, sharing stories and conversations, thereby fostering meaningful intergenerational connections. The Narayan Old Age Home facilitated the event, ensuring that the process was smooth and impactful.

Impact

- **For the Beneficiaries:**
The initiative met the immediate nutritional needs of the elderly residents and offered them companionship, brightening their day with care and kindness.
- **For the Volunteers:**
The event provided students with an opportunity to connect with a vulnerable group in society, cultivating empathy, compassion, and a deeper understanding of community responsibilities.

Feedback and Testimonials

- **Student Volunteer Feedback:**
“The time spent with the elderly at Narayan Old Age Home was eye-opening and

heartwarming. It reminded us of the importance of caring for our elders and the joy of making a small but meaningful difference.” — A volunteer from Prestige Institute of Management.

- **Beneficiary Testimonial:**

“It was wonderful to have young people visit us and share their time. Their kindness and warm gestures made us feel cared for and valued.” — A resident of Narayan Old Age Home.

Event Photographs



Acknowledgment

We extend our heartfelt gratitude to Narayan Old Age Home for collaborating with us and providing the opportunity to serve the elderly residents. A special thanks to the student volunteers from the Rotaract Club of Prestige Institute of Management, Gwalior, for their selfless efforts and dedication to making this event a success.

Conclusion

The Food Distribution in Old Age Home initiative exemplified the power of compassion and community engagement. By addressing the needs of the elderly and fostering meaningful connections, the event highlighted the positive impact of collective efforts. The collaboration between the Rotaract Club of Prestige Institute of Management and Narayan Old Age Home created a memorable experience for both the beneficiaries and the student volunteers, reinforcing the importance of service, care, and shared humanity.

Submitted by

Mr. Abhay Dubey

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Faculty Coordinator

Name of Activity: Meeting with Anganwadi Kids
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Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 4-11-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 24

Number of Beneficiaries: Food and refreshments were distributed to 30 Anganwadi kids

Educational Objectives

- To instill a sense of social responsibility among students through active engagement in community service.
- To enhance students' leadership, planning, and teamwork skills by organizing meaningful activities for children.
- To create awareness about the needs and potential of underprivileged children in society.

General Objectives

- To celebrate the innocence and potential of children by organizing joyful activities.
- To provide food and refreshments to promote the well-being of Anganwadi children.
- To create a sense of belonging and inclusivity among young children.

Activity Overview

The Children's Day Celebration at Aanganwadi was organized on November 4, 2019, by the Rotaract Club of Prestige Institute of Management, Gwalior. The event brought smiles to the faces of 30 Anganwadi children through a day filled with fun, games, and care. A total of 24 student volunteers from the Rotaract Club actively participated in making the celebration engaging and memorable.

The celebration included various activities such as:

- **Games:** Fun-filled group games designed to engage and entertain children.
- **Storytelling Sessions:** Narrating inspiring and joyful stories to capture the imagination of young minds.
- **Creative Arts and Crafts:** Activities that allowed children to express their creativity while having fun.

The children were also treated to nutritious food and refreshments, ensuring their physical well-being and comfort. The event's primary aim was to create an atmosphere of love, inclusivity, and care for the children.

Impact

- **For the Beneficiaries:**

The Anganwadi children enjoyed a day of laughter and joy, which boosted their morale and sense of belonging. They also received food and refreshments, meeting their nutritional needs for the day.

- **For the Volunteers:**

The student volunteers learned the value of compassion and the impact of community service, fostering a deeper sense of empathy and responsibility.

Feedback and Testimonials

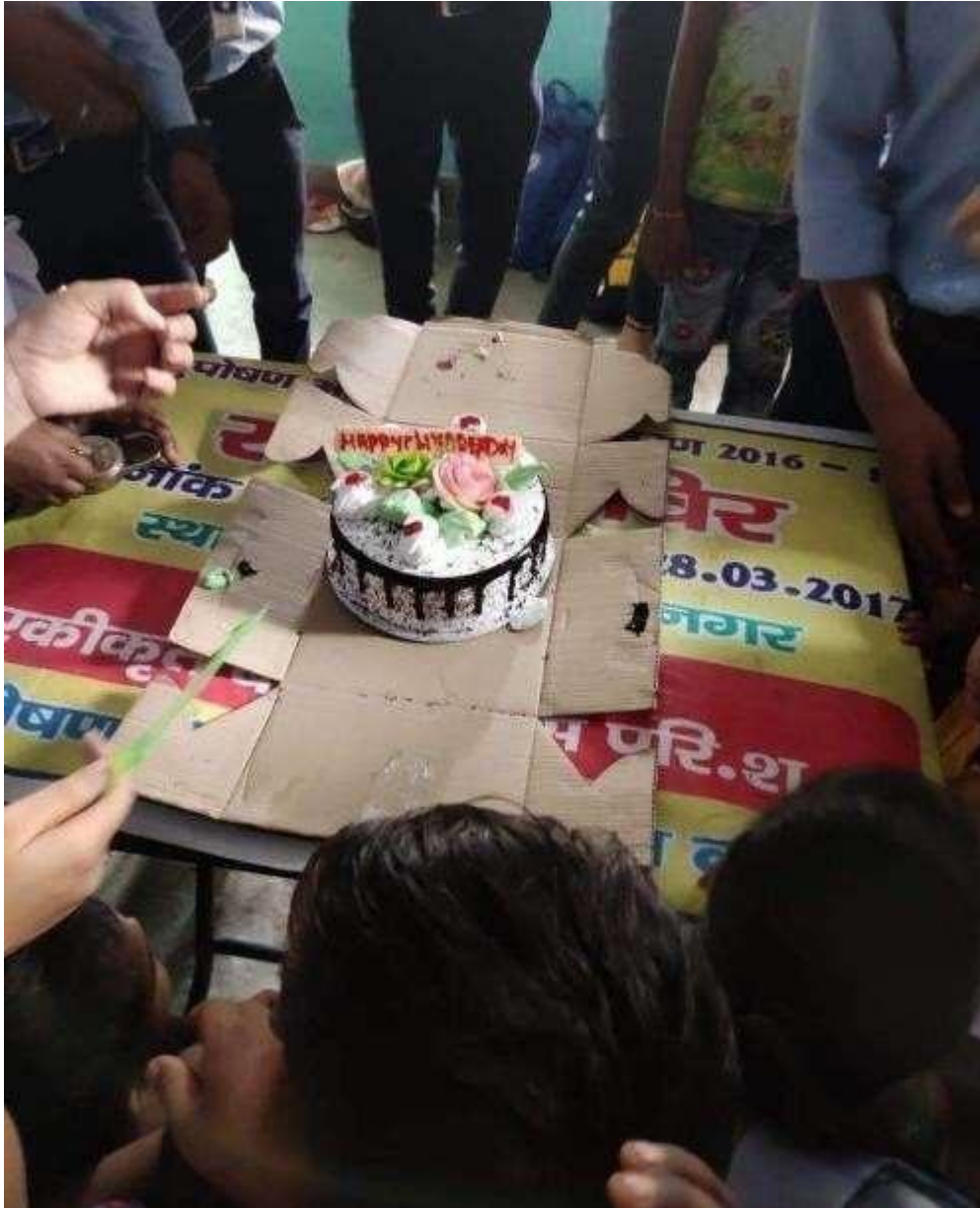
- **Student Volunteer Feedback:**

“Seeing the smiles on the children’s faces was the most rewarding part of the day. It reminded us of the power of small acts of kindness and how impactful they can be.” — A student volunteer.

- **Beneficiary Testimonial:**

“We loved the stories and games! It was so much fun, and the food was delicious. Thank you for visiting us and making our day special.” — A child at the Anganwadi.

Event Photographs



Glimpses of Meeting with Anganwadi Kids



Glimpses of Meeting with Anganwadi Kids



Glimpses of Meeting with Anganwadi Kids

Acknowledgment

We extend our gratitude to the Anganwadi staff for their cooperation in organizing this celebration. A heartfelt thanks to the student volunteers from the Rotaract Club of Prestige Institute of Management, Gwalior, for their dedication and creativity in making this event successful.

Conclusion

The Children's Day Celebration at Aanganwadi was a testament to the power of community engagement and compassion. Through their thoughtful planning and commitment, the Rotaract Club of Prestige Institute of Management, Gwalior, created an unforgettable experience for the Anganwadi children. The event not only brought joy to the young beneficiaries but also reinforced the values of empathy, inclusivity, and social responsibility among the students. Such initiatives continue to inspire positive change within the community.

Report Submitted by:

Mr. Abhay Dubey

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Faculty Coordinator

Name of Activity: Zoo visit with CWSN Children

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 16-11-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 45

Number of Beneficiaries: More than 30 CWSN visited zoo along with student volunteers.

Educational Objectives

- To foster inclusivity and empathy by engaging students in activities benefiting children with special needs.
- To raise awareness among students about the importance of accessible and inclusive community engagement.
- To promote learning through experiential activities such as educational visits to the zoo.

General Objectives

- To provide a memorable and enriching experience for children with special needs (CWSN).
- To create an environment of empathy and inclusion, encouraging students to interact meaningfully with CWSN children.
- To facilitate an educational experience by exploring wildlife, conservation, and animal habitats.

Activity Overview

The Zoo Visit with Children with Special Needs (CWSN), organized on November 16, 2019, by the Rotaract Club of Prestige Institute of Management, Gwalior, was a heartwarming and educational experience for both the student volunteers and the children. The event aimed to offer a day of enjoyment, learning, and exploration for children with special needs, accompanied by the dedicated student volunteers.

A total of 45 students participated, taking on roles as guides and helpers throughout the zoo visit. The activities included:

- **Guided Tours:** Volunteer students led children through the zoo, offering insights into different animals, their habitats, and conservation efforts.
- **Interactive Sessions:** Children were encouraged to engage with exhibits through hands-on activities designed to suit their unique needs.
- **Special Activities:** The event featured tailored programs, ensuring the children had the opportunity to learn in a fun and accessible manner.

The visit was both recreational and educational, breaking down barriers and promoting a deeper sense of community.

Impact

- **For the Beneficiaries (CWSN Children):**

The children enjoyed a day full of laughter, learning, and adventure. They were able to connect with nature, learn about different species, and engage in meaningful interactions with their peers and the volunteers. The visit served as both an educational opportunity and a memorable social experience for them.

- **For the Volunteers (Students):**

The student volunteers experienced firsthand the impact of inclusive and thoughtful community service. They learned the importance of empathy, sensitivity, and working with diverse communities, enriching their personal and social development.

Feedback and Testimonials

- **Student Volunteer Feedback:**

“The zoo visit was an eye-opening experience. It taught me how to be more mindful of others’ needs and how powerful simple gestures of kindness can be.” — A student volunteer.

- **Beneficiary Testimonial:**

“I loved seeing the animals, and I especially enjoyed the elephant! Thank you for taking us on such a fun adventure.” — A child from the CWSN group, for all involved.

Event Photographs



Glimpses of Zoo visit with CWSN Children

Acknowledgment

The success of this event wouldn't have been possible without the support and cooperation of the zoo staff, the special needs community, and the faculty members. We express our sincere gratitude to the Rotaract Club members for their unwavering dedication and teamwork, making the event an unforgettable experience for everyone involved.

Conclusion

The Zoo Visit with CWSN Children on November 16, 2019, was a resounding success, embodying the core values of empathy, inclusion, and social responsibility. The collaboration between the Rotaract Club of PIM, Gwalior, and the CWSN community created a positive and lasting impact, leaving everyone involved with a greater understanding of the importance of inclusivity in community initiatives. This event serves as a perfect example of how simple, well-organized activities can bring joy, learning, and a sense of belonging to individuals, regardless of their challenges.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Distribution of fruits Kits to patients in Government Hospitals
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Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 16-10-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 06

Number of Beneficiaries: Fruit kits were distributed to more 20 hospital patients

Educational Objectives

- To promote the value of compassion and community service among students.
- To raise awareness about the importance of nutrition for patients during recovery.
- To encourage students to actively contribute to improving the health and well-being of individuals in need.

General Objectives

- To provide comfort and nourishment to patients in government hospitals through the distribution of fresh fruit kits.
- To foster a sense of empathy and social responsibility among the Rotaract Club members.
- To create a positive and supportive atmosphere within the hospital, benefiting both the patients and healthcare staff.

Activity Overview

The Distribution of Fruit Kits to Patients in Government Hospitals, organized by the Rotaract Club of PIM, Gwalior, on October 16, 2019, aimed to uplift the spirits of patients undergoing treatment. The initiative focused on providing essential nutritional support through fruit kits, which would assist in the recovery process and provide emotional comfort.

A dedicated group of six students from the Rotaract Club participated in the event, preparing and distributing fruit kits to over 20 patients in various wards of the government hospitals. Each fruit kit contained fresh, seasonal fruits, chosen for their health benefits and ability to offer refreshing nourishment.

The event also allowed the volunteers to interact with patients, providing a source of positive energy and emotional support. The presence of the volunteers brought a ray of hope to the patients, showing them that they were cared for beyond their medical needs.

Impact

- **For the Beneficiaries (Hospital Patients):**

The fruit kits provided the patients with essential nutrients, promoting physical well-being during their recovery. The emotional support offered by the volunteers through their kindness and engagement helped lift the patients' spirits, making their hospital stay more comfortable.

- **For the Volunteers (Rotaract Students):**

The students gained valuable insights into the importance of empathy, social service, and the positive impact that small acts of kindness can have on others' lives. They developed a deeper understanding of the challenges faced by patients and their families in healthcare settings.

Feedback and Testimonials

- **Student Volunteer Feedback:**

"This initiative made me realize how even a small gesture like distributing fruit kits can make a significant difference in someone's day. It was a fulfilling experience that allowed me to contribute to the well-being of others." — A student volunteer.

- **Beneficiary Testimonial:**

-

"The fruit kits were a pleasant surprise! It felt great to receive something so thoughtful during my treatment. Thank you for bringing a smile to my face." — A hospital patient.

Event Photographs



Student volunteers distributing fruit kits to patients



Student volunteers distributing fruit kits to patients



Student volunteers distributing fruit kits to patients

Acknowledgment

The success of this event would not have been possible without the cooperation of the hospital staff, who ensured a smooth distribution process. A heartfelt thanks to the Rotaract Club members for their dedication and coordination, making this initiative a meaningful contribution to the patients' well-being.

Conclusion

The Distribution of Fruit Kits to Patients in Government Hospitals was an inspiring event, demonstrating the Rotaract Club's commitment to making a positive impact on the community. The collaboration between the club and the hospitals showed how thoughtful actions can enhance the healthcare experience, bringing comfort and joy to those in need. The event served as a powerful reminder of the importance of compassion, both in personal interactions and in community service.

Report Submitted by:



Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Inter School Debate Competition
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Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 16-09-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 70

Number of Beneficiaries: 7 school students participated in the event.

Educational Objectives

- To provide students with a platform to develop and showcase their critical thinking, public speaking, and debating skills.
- To encourage healthy competition and foster an environment that nurtures intellectual growth among young minds.
- To promote the values of effective communication, persuasive argumentation, and respectful discourse.

General Objectives

- To offer school students an opportunity to engage in a structured debate competition that enhances their cognitive and intellectual abilities.
- To create an interactive environment that allows students to express and defend their views on various societal issues.
- To encourage collaboration and mutual respect among students from different educational backgrounds.

Activity Overview

The **Inter-School Debate Competition**, organized by the Rotaract Club of PIM, Gwalior, on September 16, 2019, provided a valuable forum for intellectual exchange among students from various schools in the region. The event aimed to engage young minds in a spirited debate on pressing issues, helping them hone their communication skills while promoting healthy competition.

A total of 70 students participated in the competition, each representing their respective schools. They delivered arguments on a range of thought-provoking topics, showcasing their preparation and public speaking skills. The debate offered a chance for students to refine their abilities to think critically, articulate their thoughts clearly, and engage in constructive dialogue.

The **Rotaract Club of PIM, Gwalior** played a pivotal role in organizing and facilitating the event. They ensured smooth coordination and a fair platform for all participants, bringing the event to life with their dedication and attention to detail. The competition not only emphasized individual performances but also fostered teamwork and collective effort among the participants.

Judges, with expertise in public speaking and debate, evaluated the competitors based on the clarity of their arguments, presentation style, logical coherence, and overall delivery. The winners of the competition were recognized for their excellent debating skills, earning accolades for their outstanding performances.

Impact

- **For the Participants:**

The debate competition allowed students to develop essential skills such as public speaking, critical thinking, and effective communication. Participants gained confidence in expressing their opinions and learned the importance of presenting structured, well-supported arguments.

- **For the Rotaract Club and Organizers:**

The Rotaract Club members demonstrated their commitment to promoting educational initiatives and supporting the holistic development of young individuals. Their efforts in organizing this event showed their leadership, coordination, and dedication to making a positive impact within the educational community.

Feedback and Testimonials

- **Student Participant Feedback:**

"The debate competition was an amazing experience! It helped me improve my public speaking and gave me the chance to hear different viewpoints on important issues." — A student participant.

- **Organizer Testimonial:**

"Organizing this debate competition was a fulfilling experience. It was great to see the students engage so passionately, and we hope it inspires them to continue honing their intellectual and communication skills." — A Rotaract Club member.

Event Photographs

S.No.	Name of Student/Group Name	Positions	Prize
1.	Jagrati Dubey & Swastika Sharma	1 st	Trophy, Certificate & cash prize (2500)
2.	Tanishk Agrawal	2 nd	Trophy, Certificate & Cash prize (1500)
3.	Pratibha Yadav & kessiya babu	3 rd	Trophy, Certificate & Cash prize (1100)
4.	Jyoti Bhadoriya & Suchi Katare	Consolation	Trophy, Certificate & Cash prize (500)
3.	Rishabh Panday	Consolation	Trophy, Certificate & Cash prize (500)



Glimpses of Inter School Debate Competition



Guests felicitating the winners

Acknowledgment

The success of the event was made possible due to the collaboration and support from the participating schools, volunteers, judges, and the Rotaract Club of PIM, Gwalior. Their collective efforts ensured the smooth execution and positive outcome of the competition.

Conclusion

The **Inter-School Debate Competition** was an enriching experience for all involved, offering students an opportunity to express their ideas and engage with their peers in a meaningful way. It served as a platform for intellectual growth and enhanced the participants' skills in public speaking and critical thinking. The event exemplified the **Rotaract Club of PIM, Gwalior's**

commitment to fostering the intellectual and personal development of students, empowering them to become active, thoughtful contributors to society.

Report submitted by

A handwritten signature in blue ink, consisting of a circled 'A' followed by a stylized 'D' and a horizontal line.

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Mangaldham Old age home visit

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Mangaldham Old age home and Rotaract club of Prestige Institute of Management, Gwalior

Date of Activity: 21-08-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 40

Name of Beneficiaries: Clothes were distributed to more than 40 residents of mangaldham old age home

Educational Objectives

- To raise awareness about the emotional and social needs of the elderly population.
- To emphasize the importance of intergenerational bonding and foster empathy among students.
- To provide students with the opportunity to contribute to the well-being of the elderly and learn about community service.

General Objectives

- To engage students in meaningful social work that impacts the lives of elderly residents.
- To create a positive atmosphere at the Mangaldham Old Age Home, fostering joy and connection.
- To acknowledge and honor the life experiences of the elderly residents, ensuring they feel valued and respected.

Activity Overview

The **Mangaldham Old Age Home Visit**, organized in collaboration with **Mangaldham Old Age Home** and the **Rotaract Club of PIM, Gwalior**, took place on August 21, 2019, as part of the club's ongoing efforts to promote social service and community welfare. This visit aimed to spread joy, offer companionship, and show support to the elderly residents of the home.

The event witnessed active participation from 40 students of the **Rotaract Club of PIM, Gwalior**, who demonstrated their commitment to social responsibility. The students were warmly welcomed by the residents of the Mangaldham Old Age Home, and the visit began with engaging cultural performances and activities designed to uplift the spirits of the elderly.

In addition to the interactive sessions and entertainment, a key aspect of the visit was the **distribution of clothes** to the residents. Over 40 residents received clothing, providing them not only with tangible support but also showing care and compassion for their well-being.

The visit was a heartwarming experience for all involved, reinforcing the importance of giving back to the community and recognizing the significance of the elderly in society. The event also highlighted the bond between students and the elderly, fostering mutual respect and understanding.

Impact

- **For the Participants:**

The Rotaract Club members gained valuable insights into the lives of elderly people, deepening their empathy and understanding of the social challenges that many face as they age. The experience reinforced the importance of intergenerational relationships and helped the students develop a sense of responsibility toward the community.

- **For the Residents of Mangaldham:**

The elderly residents received not only material support in the form of clothing but also emotional support through the interactions and performances. The visit brought a sense of joy and companionship, enriching the lives of the residents and making them feel cherished and respected.

Feedback and Testimonials

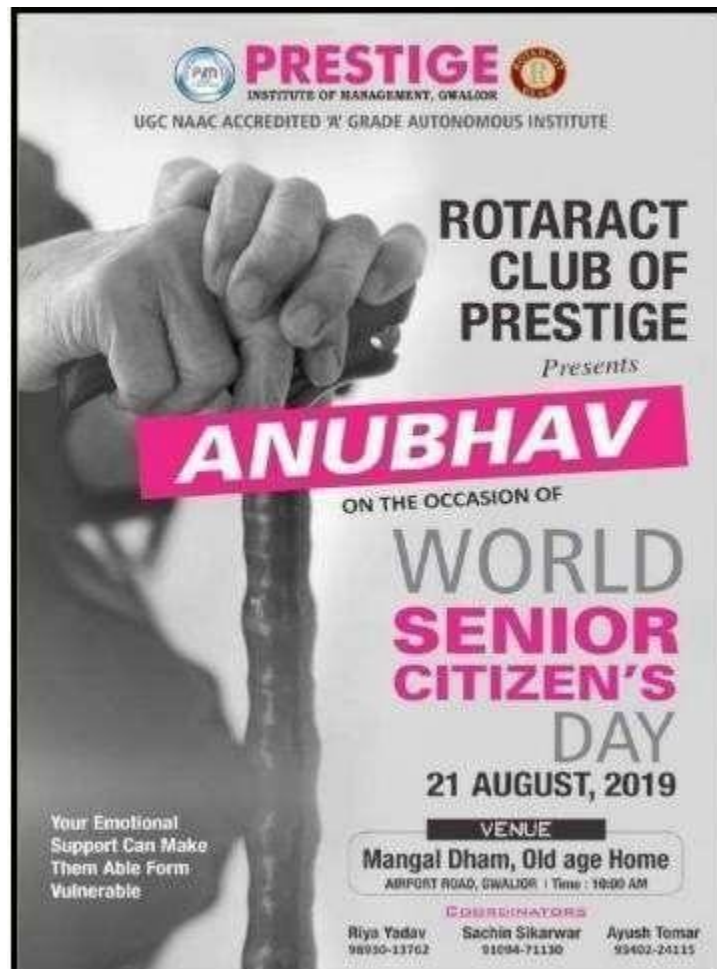
- **Student Participant Feedback:**

"This visit to the old age home was truly an eye-opener. It made me realize the importance of showing love and care to our elderly. The residents were so appreciative, and I could see how much they enjoyed our company." — A Rotaract Club member.

- **Resident Feedback:**

"Thank you for bringing joy and warmth to our home today. The students made us feel loved and valued. We appreciated the thoughtful gesture of the clothes and the time spent together." — A Mangaldham resident.

Event Photographs



Event poster



Student volunteers distributing “Saafa” to old age home residents



Glimpses of Mangaldham Old age home visit

Acknowledgment

The success of the event was made possible through the collaboration of Mangaldham Old Age Home and the Rotaract Club of PIM, Gwalior, whose efforts ensured that the event was conducted smoothly and made a positive impact on the residents.

Conclusion

The Mangaldham Old Age Home Visit was a heartwarming initiative that brought together students and elderly residents, fostering a sense of community and compassion. Through this activity, the Rotaract Club of PIM, Gwalior successfully bridged generational gaps and demonstrated the importance of honoring the elderly. The event was a reflection of the club's commitment to social responsibility and its role in making a meaningful impact in the community.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Narayan Old age home visit

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 26-10-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 23

Number of Beneficiaries: Student volunteers celebrated Diwali with residents of oldage home and distributed gifts

Educational Objectives

- To highlight the significance of celebrating festivals with the elderly and bringing joy to their lives.
- To promote the values of empathy, kindness, and social responsibility among students.
- To create awareness about the social challenges faced by elderly individuals, especially during festive seasons.

General Objectives

- To create a festive and inclusive atmosphere that allows elderly residents to feel valued and cherished.
- To foster a sense of community spirit by encouraging students to participate in activities that benefit others.
- To strengthen the bond between students and the elderly, creating intergenerational connections.

Activity Overview

The **Diwali Celebration at Narayan Old Age Home**, organized in collaboration with **Narayan Old Age Home** and the **Rotaract Club of PIM, Gwalior**, took place on **October 26, 2019**. The event aimed to bring the warmth, light, and joy of the Diwali festival to the elderly residents, ensuring they felt the spirit of the season.

A total of **23 students** from the **Rotaract Club of PIM, Gwalior** participated in this heartwarming celebration. The students helped organize and engage the residents in various Diwali festivities, which included cultural performances, traditional rituals, and the distribution of sweets and gifts.

The students took part in **interactive sessions**, sharing stories, laughter, and engaging in conversations with the residents, creating a lively and joyful atmosphere. The celebration was thoughtfully organized, keeping in mind the preferences and needs of the elderly residents, ensuring they felt the true essence of Diwali.

The event also provided a platform for the students to connect with the elderly, fostering intergenerational relationships and promoting respect and care for the elderly members of society. The **Narayan Old Age Home** played an essential role in coordinating the event, making sure the residents felt comfortable and included throughout the celebration.

Impact

- **For the Participants:**

The students gained valuable experiences in social service and community engagement. They were able to witness firsthand how small acts of kindness and inclusion can have a profound impact on the lives of others. This experience helped deepen their empathy for the elderly and reinforced the importance of social responsibility.

- **For the Residents of Narayan Old Age Home:**

The elderly residents were given the opportunity to celebrate Diwali with warmth and joy. The gifts, sweets, and cultural performances lifted their spirits, and the interactions with the students helped combat feelings of loneliness. The event was a reminder to the residents that they are loved, respected, and an integral part of the community.

Feedback and Testimonials

- **Student Participant Feedback:**

"It was truly special to be part of the Diwali celebration at Narayan Old Age Home. It made me realize how much we take festivals for granted, and it was wonderful to see the residents so happy. It was a beautiful way to spread joy and light to others." — A Rotaract Club member.

- **Resident Feedback:**

"Thank you to all the students for making this Diwali so memorable. The sweets, gifts, and performances made us feel like we were part of the celebrations too. We are truly grateful for your kindness." — A Narayan Old Age Home resident.

Event Photographs



Student volunteers celebrating Diwali with old age home residents



Glimpses of Diwali celebration at Narayan Old age home



Glimpses of Diwali celebration at Narayan Old age home

Acknowledgment

The success of the event was made possible through the thoughtful collaboration between **Narayan Old Age Home** and the **Rotaract Club of PIM, Gwalior**. Their combined efforts ensured that the Diwali celebration was an enriching experience for the elderly residents and helped create a lasting positive impact on both students and the community.

Conclusion

The **Diwali Celebration at Narayan Old Age Home** was a heartwarming and impactful event that exemplified the true spirit of Diwali — the triumph of light over darkness. Through this initiative, the **Rotaract Club of PIM, Gwalior** successfully brought joy, happiness, and a sense of belonging to the elderly residents, demonstrating their commitment to social responsibility and community engagement. The celebration not only brightened the lives of the elderly but also strengthened the bond between the younger and older generations, creating a truly memorable occasion.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Visit to Aanganwadi

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 27-09-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 50

Number of Beneficiaries Student volunteers taught more than 40 anganwadi kids

Educational Objectives

- To provide a nurturing and educational experience for young children at the Anganwadi.
- To foster early childhood development through interactive and creative learning activities.
- To enhance the social responsibility and community engagement skills of participating students.

General Objectives

- To create a joyful and educational environment for children to stimulate their learning.
- To provide a platform for students to contribute to the welfare and development of children.
- To promote teamwork, empathy, and community spirit among Rotaract Club members.

Activity Overview

The **Visit to Aanganwadi**, organized by the **Rotaract Club of PIM, Gwalior**, on **September 27, 2019**, was a heartening and impactful event aimed at making a positive contribution to the development of young children in the community. The visit engaged more than **50 students** from the Rotaract Club of PIM, Gwalior, who were eager to contribute their time and energy to improve the lives of children at the Aanganwadi.

The students involved themselves in a range of activities that promoted both fun and learning. These included:

- **Interactive Sessions:** Teaching the children through engaging discussions that helped develop their cognitive and social skills.
- **Storytelling:** Sharing stories that nurtured creativity, imagination, and language development.
- **Creative Arts and Crafts:** Organizing fun, hands-on activities that allowed the children to explore their creativity and improve their fine motor skills.

The collaboration with the **Aanganwadi** ensured that the event was both educational and entertaining, meeting the developmental needs of the children while fostering a joyful atmosphere. The staff at Aanganwadi provided valuable insights into the children's needs, ensuring that the activities were tailored to support early childhood education.

Impact

- **For the Participants (Students):**

The visit was an enriching experience for the students, allowing them to actively contribute to the community. It enhanced their sense of social responsibility, teamwork, and empathy as they interacted with the children and played a part in their educational journey.

- **For the Children:**

The children benefited from the visit by engaging in fun educational activities that sparked their curiosity and creativity. The interaction with the students helped them develop social and cognitive skills in a positive and supportive environment. They were able to learn while having fun, which is crucial for early childhood development.

Feedback and Testimonials

- **Student Participant Feedback:**

"The visit to the Aanganwadi was truly an eye-opening experience. It was incredible to see how such simple activities could have such a positive impact on these children's lives. I am grateful for the opportunity to be a part of something so meaningful." — Rotaract Club member.

- **Anganwadi Staff Feedback:**

"We are grateful to the Rotaract Club of PIM, Gwalior, for their support. The children enjoyed the activities and learning from the students. It was a fantastic initiative that brought a lot of joy and knowledge to the children." — Aanganwadi staff member.

Event Photographs



Student volunteers teaching anganwadi kids



Student volunteers teaching anganwadi kids

Acknowledgment

The success of the event was due to the collaboration between **Aanganwadi** and the **Rotaract Club of PIM, Gwalior**. Their combined efforts ensured that the visit was not only educational but also created an enriching experience for the children. The enthusiasm, dedication, and teamwork displayed by the students made the event a success and demonstrated the positive impact of community service.

Conclusion

The **Visit to Aanganwadi** was a heartwarming and impactful activity that highlighted the importance of early childhood education and the role of community service in shaping the future of the next generation. The **Rotaract Club of PIM, Gwalior** demonstrated a deep commitment to social responsibility by creating a positive and educational experience for the children. The event exemplified the value of fostering a sense of joy and learning among young children and contributed to their early development in a nurturing environment.

Report Submitted by:



Mr. Abhay Dubey
Faculty coordinator

Name of Activity: Plantation at MLB college campus

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 28-07-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 28

Number of Beneficiaries: Student volunteers planted 84 tree saplings in different areas of Gwalior.

Educational Objectives

- To instill environmental consciousness and responsibility among students.
- To educate participants about the importance of tree plantation in mitigating climate change and preserving biodiversity.
- To encourage active participation in sustainable initiatives for the betterment of the community.
- To promote teamwork, collaboration, and leadership skills among student volunteers.

General Objectives

- To contribute to environmental sustainability by increasing the green cover in Gwalior.
- To foster a sense of social responsibility among students by engaging them in meaningful community activities.
- To strengthen the collaboration between educational institutions and student-led organizations for a common cause.
- To enhance the aesthetic and ecological value of the MLB College campus.

Activity Overview

The plantation drive, organized by the Rotaract Club of Prestige Institute of Management, Gwalior, in collaboration with MLB College, Gwalior, took place on July 28, 2019, at the Community Hall, Gwalior. A total of 28 enthusiastic student volunteers participated in planting 84 tree saplings in and around the MLB College campus. The event commenced with an educational session on the significance of tree plantation, followed by a hands-on activity where students planted saplings using gardening tools provided by the collaborating agency.

This initiative not only improved the green cover but also served as an interactive and experiential learning opportunity, promoting environmental stewardship and teamwork among students.

Impact

Environmental Impact:

- Enhanced the biodiversity and green cover of the MLB College campus.
- Contributed to improving air quality and creating a healthier environment for future generations.

Educational Impact:

- Students gained practical knowledge about tree plantation techniques and its environmental benefits.
- Increased awareness about the role of individuals in combating environmental issues like deforestation and global warming.

Social Impact:

- Strengthened the sense of community and collaboration among the participants.
- Inspired students to take proactive measures in supporting sustainability initiatives.

Feedback and Testimonials

Students:

- "This was a very enriching experience. I learned the importance of even small efforts in making a big difference to the environment."
- "The plantation drive gave me a chance to contribute directly to a cause I care about. It was also a great way to bond with my peers while doing something meaningful."

Beneficiaries:

- "The saplings planted will not only enhance the beauty of the college campus but also provide much-needed shade and greenery in the years to come."
- "Such initiatives inspire and motivate others to take part in environmental conservation efforts."

Event Photographs



Student Volunteers planting tree saplings

Acknowledgement

We extend our heartfelt gratitude to the Rotaract Club of Prestige Institute of Management, Gwalior, for their dedication and active participation in organizing the plantation drive. Special thanks to MLB College, Gwalior, for their invaluable support and coordination, without which this initiative would not have been possible. We are deeply appreciative of the student volunteers who contributed their time, effort, and enthusiasm to make this event a success.

Conclusion

The plantation drive at MLB College campus was a testament to the power of collective action in fostering environmental sustainability. The initiative not only contributed to the green cover of Gwalior but also instilled a strong sense of responsibility among the student participants. The event demonstrated that even small steps can make a significant impact when undertaken with commitment and collaboration. This initiative serves as a model for future sustainability efforts, inspiring more individuals and organizations to join hands in creating a greener and healthier planet.

Report Submitted by:



Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Prayas: Cloth and Blanket Distribution Drive in backward and slum areas

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 1-12-2019 to 10-12-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 56

Number of Beneficiaries: Student volunteers conducted collection and distribution of 300 woolen clothes and 100 blankets to the 127 underprivileged in backward and slum areas of Gwalior .

Educational Objectives

- To instill a sense of social responsibility and empathy among students.
- To educate participants about the importance of community service and its impact on society.
- To develop organizational, communication, and teamwork skills through active participation.
- To foster awareness about the socio-economic challenges faced by marginalized communities.

General Objectives

- To provide warmth and comfort to underprivileged individuals during the winter season by distributing woolen clothes and blankets.
- To encourage student involvement in addressing societal issues and promoting welfare activities.
- To strengthen the bond between educational institutions and the community through meaningful initiatives.
- To create a platform for student volunteers to contribute to the well-being of those in need.

Activity Overview

The **Prayas Cloth and Blanket Distribution Drive**, organized by the Rotaract Club of Prestige Institute of Management, Gwalior, in collaboration with community partners, was conducted from December 1 to December 10, 2019. The drive aimed to provide essential clothing and blankets to underprivileged individuals in backward and slum areas of Gwalior, ensuring their comfort during the harsh winter season.

A total of 56 student volunteers participated in the initiative, showcasing exemplary commitment and empathy. The drive involved the collection of 300 woolen clothes and 100 blankets, which were systematically distributed to 127 beneficiaries. The event included identifying target areas, coordinating logistics, and directly interacting with recipients.

This initiative highlighted the significance of social engagement while creating a lasting impact on both the recipients and the participants.

Impact

1. Social Impact:

- Warm clothing and blankets were provided to 127 underprivileged individuals, ensuring relief during the winter season.
- Fostered a sense of community and compassion between students and marginalized groups.

2. Educational Impact:

- Students gained practical experience in organizing and executing a large-scale social initiative.
- Enhanced awareness of socio-economic disparities and the role of individual and collective efforts in addressing them.

3. Community Impact:

- Strengthened relationships between Prestige Institute of Management, Rotaract Club, and local communities.
- Created awareness among recipients about the importance of communal support systems.

Feedback and Testimonials

Feedback from Students:

- *"Participating in this drive was a humbling experience. It made me realize how small actions can bring immense comfort to those in need."*
- *"The distribution drive was not just about giving; it was about connecting with people and understanding their struggles."*

Feedback from Beneficiaries:

- *"We are grateful for the warm clothes and blankets. It makes a big difference during the cold nights."*
- *"It's heartwarming to see young people care about our well-being. Thank you for your kindness."*

Event Photographs



Distribution Drive in backward and slum areas





Students sorting the collected clothes for quality check and to make bundles

News Coverage





रोट्रेक्ट क्लब के तत्वावधान में जरूरतमंदों को बांटे कंबल



ग्वालियर। प्रेस्टीज कॉलेज के रोट्रेक्ट क्लब ने सोमवार को जरूरतमंदों को गर्म कपड़े एवं कंबल वितरित किए। छात्रों ने गर्म कपड़े इकट्ठे करने के लिये 7 दिवसीय

एवं सहायता की भावना सदैव होनी चाहिए। इसी उद्देश्य को ध्यान में रखते हुए संस्थान ने प्रयास अभियान के माध्यम से यह कार्यक्रम प्रतिवर्ष करने का बीड़ा उठाया है। इस वर्ष

Acknowledgement

We extend our sincere gratitude to the **Rotaract Club of Prestige Institute of Management, Gwalior**, for their tireless efforts and dedication to this noble cause. Special thanks to the community partners who facilitated the logistics and identified the areas of need. We deeply appreciate the participation of 56 student volunteers whose commitment made this initiative a success. Finally, we acknowledge the support of Prestige Institute of Management, Gwalior, for enabling and encouraging such impactful social service initiatives.

Conclusion

The **Prayas Cloth and Blanket Distribution Drive** was a remarkable initiative that reflected the true spirit of service and compassion. Through collective action and meticulous execution, the event brought warmth and comfort to 127 underprivileged individuals during the winter season. This initiative not only provided immediate relief but also reinforced the values of empathy, teamwork, and social responsibility among the student participants. The success of this drive underscores the importance of such efforts in fostering a more inclusive and caring society.

Report Submitted by:



Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Meeting with Slum kids

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 25-12-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 45

Number of Beneficiaries: Student volunteers celebrating joy of Christmas with 84 underprivileged Children of Gwalior. They have also distributed food and refreshments to kids.

Educational Objectives

- To instill a sense of empathy and social responsibility among students by engaging with underprivileged children.
- To promote the values of compassion, sharing, and giving back to the community during the festive season.
- To enhance students' organizational, leadership, and teamwork skills through active participation.
- To foster awareness about the socio-economic challenges faced by children in slum areas and inspire efforts toward their betterment.

General Objectives

- To spread joy and happiness among slum children through festive activities and gift distribution.
- To create a platform for students to engage meaningfully with marginalized communities.
- To strengthen community ties by celebrating Christmas in a thoughtful and inclusive manner.
- To inspire a culture of service and compassion among student volunteers.

Activity Overview

The **Christmas Celebration with Slum Children**, organized by the Rotaract Club of Prestige Institute of Management, Gwalior, on December 25, 2019, aimed to bring festive cheer to underprivileged children in slum areas.

A total of 45 enthusiastic student volunteers participated in the event, planning and executing a variety of engaging activities. The celebration began with interactive sessions, where the children were warmly welcomed and made to feel part of the festivities.

Highlights of the event included:

1. **Gift and Sweet Distribution:** Children received Christmas gifts and sweets, spreading smiles and excitement.
2. **Cultural Performances:** Student volunteers organized and performed songs, dances, and skits to entertain and engage the children.
3. **Interactive Games and Activities:** Fun games and creative activities were conducted to make the day memorable for the children.

This collaborative effort not only created a joyous atmosphere but also left a lasting impression on both the participants and the beneficiaries.

Impact

1. Social Impact:

- Brightened the Christmas festivities for slum children, bringing joy and positivity to their lives.
- Strengthened the bond between the educational institution and the local community.

2. Educational Impact:

- Students developed a deeper understanding of community challenges and the importance of collective efforts to address them.
- Enhanced problem-solving, organizational, and interpersonal skills through hands-on involvement.

3. Emotional Impact:

- Fostered a sense of fulfillment and gratitude among student volunteers by creating a meaningful connection with the children.
- Provided slum children with a sense of belonging and recognition during the holiday season.

Feedback and Testimonials

Feedback from Students:

- *"Celebrating Christmas with the children was truly heartwarming. Their smiles made all our efforts worthwhile."*
- *"It was an amazing experience to spread joy and happiness to those who need it the most. This celebration made my Christmas special too."*

Feedback from Beneficiaries:

- *"The gifts and sweets made us very happy. It felt like Christmas magic came to us."*
- *"We enjoyed the games and performances. It was so much fun to celebrate Christmas like this."*

Event Photographs



Distribution of sweets to Slum Children



Interaction between kids and our student volunteers

Acknowledgement

We extend our heartfelt gratitude to the Rotaract Club of Prestige Institute of Management, Gwalior, for their selfless dedication and commitment to organizing this event. Special thanks to the student volunteers who worked tirelessly to ensure the success of the Christmas celebration. Finally, we acknowledge the support of Prestige Institute of Management, Gwalior, for encouraging and enabling such impactful community service initiatives.

Conclusion

The Christmas Celebration with Slum Children was a beautiful initiative that brought smiles, warmth, and joy to underprivileged children. The event demonstrated the power of compassion and the true essence of the festive season—spreading happiness and goodwill. Through this celebration, the Rotaract Club of PIM, Gwalior, not only made a positive impact on the lives of the children but also reinforced the importance of community engagement and social responsibility among students. The success of this event serves as an inspiration to continue similar efforts in the future, fostering a culture of giving and empathy.

Report Submitted by:



Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Bike rally on traffic awareness with Gwalior Police

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 11-01-2020

Venue: Community Hall, Gwalior

Number of Students Participated: 56

Number of Beneficiaries: Student volunteers accompanied by 7 representatives created traffic awareness via bike rally and distributed 120 informational pamphlets comprising of traffic rules to pedestrians and motorists.

Educational Objectives

- To educate students and community members about road safety measures and the importance of adhering to traffic rules.
- To promote awareness of the consequences of reckless driving and unsafe road behavior.
- To develop students' organizational, communication, and leadership skills through community engagement.
- To foster a sense of responsibility and civic awareness among students, encouraging them to act as role models for traffic safety.

General Objectives

- To increase public awareness about the importance of road safety and responsible driving.
- To encourage the community to follow traffic regulations for the safety of all road users.
- To strengthen collaboration between educational institutions and local authorities in promoting social welfare initiatives.
- To create a visible and impactful advocacy platform for traffic awareness in Gwalior.

Activity Overview

The **Bike Rally on Traffic Awareness**, organized by the Rotaract Club of Prestige Institute of Management, Gwalior, in collaboration with the Gwalior Police, was conducted on **January 11**. This initiative aimed to promote road safety and responsible road behavior among the residents of Gwalior.

A total of 56 enthusiastic students from the Rotaract Club participated in the rally. The event began with a detailed briefing by the Gwalior Police, who highlighted essential traffic rules and the consequences of violating them.

Key highlights of the rally included:

- 1.
2. **Awareness Creation:** Students carried banners with road safety messages and distributed informational pamphlets to motorists and pedestrians.
3. **Community Engagement:** The rally passed through key areas of the city, engaging directly with the public to emphasize the importance of adhering to traffic regulations.
4. **Collaborative Effort:** Representatives from the Gwalior Police provided expert guidance on traffic laws and ensured the safety of all participants.

The rally served as a powerful medium to advocate for traffic awareness while fostering a culture of safety and responsibility on the roads.

Impact

1. Social Impact:

- Raised awareness among the community about road safety and the importance of following traffic rules.
- Reinforced the need for collective responsibility in ensuring safer roads for all users.

2. Educational Impact:

- Provided students with hands-on experience in organizing a large-scale social initiative.
- Enhanced students' knowledge about traffic regulations and road safety measures.

3. Community Impact:

- Strengthened the relationship between the Rotaract Club of PIM, Gwalior, and the local authorities.
- Inspired other members of the community to actively participate in road safety campaigns.

Feedback and Testimonials

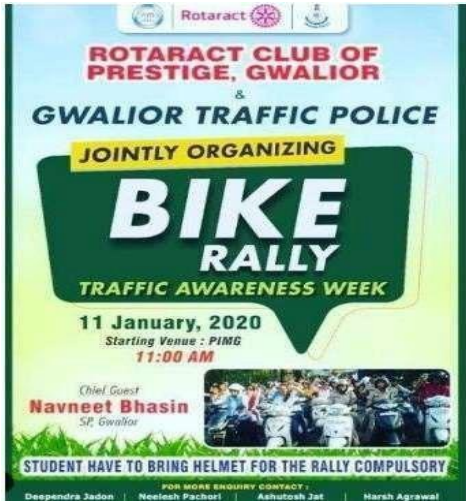
Feedback from Students:

- *"Participating in this rally made me more aware of the importance of road safety and how even small actions, like wearing a helmet, can save lives."*
- *"It was a meaningful experience to engage with the community and advocate for something as critical as traffic awareness."*

Feedback from Beneficiaries:

- *"The rally was an excellent initiative. Seeing young students actively promoting road safety motivates us to follow the rules."*
- *"The pamphlets and banners were very informative and reminded us of the importance of being cautious on the road."*

Event Photographs



Bike rally and traffic awareness with Gwalior Police

Acknowledgement

We express our heartfelt gratitude to the **Gwalior Police** for their invaluable guidance and support in organizing this rally. Their collaboration ensured the safe and successful execution of the event. Special thanks to the **Rotaract Club of Prestige Institute of Management, Gwalior**, for their dedication and enthusiasm in promoting road safety. We also extend our appreciation to the community members of Gwalior who engaged with and supported the cause.

Conclusion

The **Bike Rally on Traffic Awareness** was a dynamic and impactful initiative that highlighted the significance of responsible road behavior and adherence to traffic regulations. The collaborative efforts of the Rotaract Club of PIM, Gwalior, and the Gwalior Police created a platform for meaningful engagement with the community, promoting a culture of road safety and accountability. This event not only emphasized the importance of collective action but also inspired participants and beneficiaries to prioritize safety on the roads, ensuring a safer and more responsible community.

Report Submitted by:

Mr. Abhay Dubey

Faculty Coordinator

Name of Activity: Launching Prayas Project

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 02-12-2019

Venue: Community Hall, Gwalior

Number of Students Participated: 56

Number of Beneficiaries: Student volunteers conducted collection and distribution of 250 woolen clothes and 140 blankets to the 140 underprivileged in backward and slum areas of Gwalior .

Educational Objectives

- To educate students on the importance of social responsibility and community service.
- To develop skills in project planning, teamwork, and leadership through active participation in the initiative.
- To foster critical thinking and problem-solving abilities in addressing community challenges.
- To encourage students to contribute meaningfully to society, aligning their actions with the broader goals of sustainability and social equity.

General Objectives

- To introduce and launch the Prayas Project as a platform for addressing community issues.
- To motivate students to actively engage in initiatives that contribute to the betterment of society.
- To lay the groundwork for a collaborative and sustained effort toward solving social challenges.
- To strengthen the Rotaract Club's mission of fostering positive change in the community.

Activity Overview

The **Launching of the Prayas Project**, held on **December 2, 2019**, by the Rotaract Club of Prestige Institute of Management, Gwalior, marked the beginning of a focused effort to address social challenges in the community.

Key Highlights of the Launch Event:

1. **Introduction to the Project:** The event began with a presentation outlining the objectives, mission, and long-term vision of the Prayas Project.
2. **Interactive Activities:** Students participated in group discussions and planning sessions to brainstorm ideas and strategies for implementing the project.
3. **Collaboration and Teamwork:** The participants were divided into teams based on their interests and skills, fostering a sense of ownership and responsibility.
4. **Commitment to Action:** The event concluded with a pledge by the students to dedicate their efforts to the successful execution of the project.

The launch event served as the foundation for a sustained and impactful initiative aimed at addressing various social challenges, such as education, environmental sustainability, and poverty alleviation.

Impact

1. Social Impact:

- Established a clear and actionable framework for addressing pressing community issues.
- Mobilized a group of dedicated students committed to making a positive difference in society.

2. Educational Impact:

- Enhanced the students' understanding of community challenges and the need for collaborative solutions.
- Provided a practical learning experience in planning and executing social initiatives.

3. Emotional and Cultural Impact:

- Fostered a sense of empathy and connection among students with the community.
- Inspired a culture of service and responsibility within the Rotaract Club and the institution.

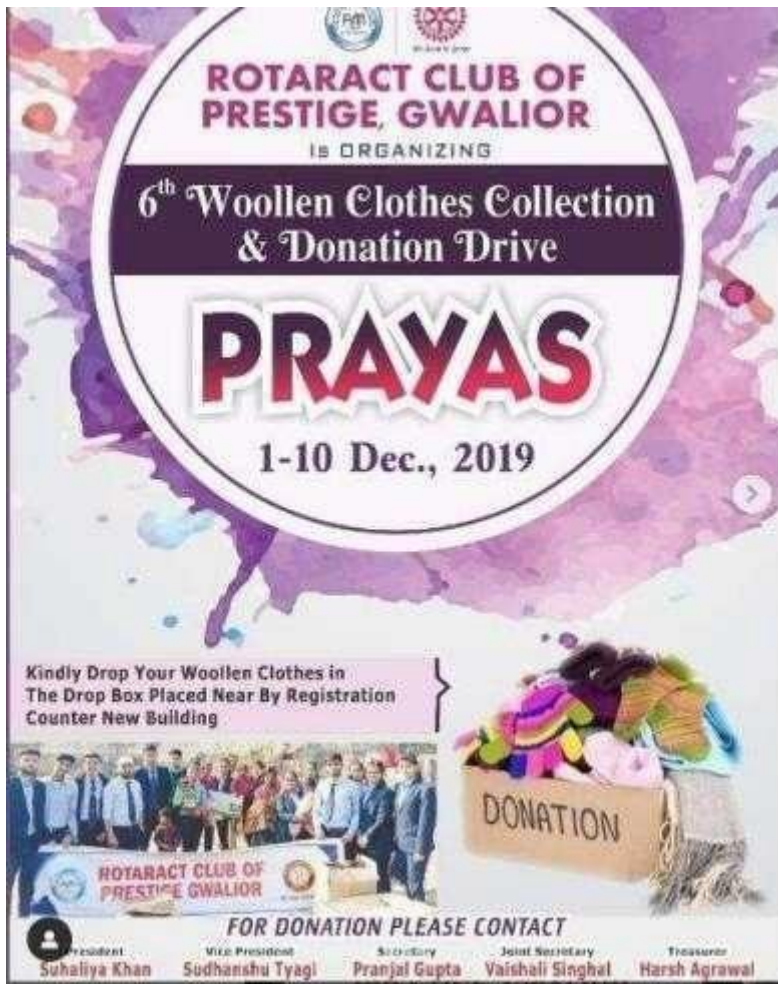
Feedback and Testimonials

Feedback from Students:

- *"The launch event was inspiring. It made me realize how small efforts can make a big difference in society."*
- *"Prayas Project gave us a platform to not only learn but also contribute to real-world challenges. I am excited to be part of this initiative."*

Feedback from Beneficiaries:

- *"It's heartening to see young individuals coming together to make a difference. Their energy and enthusiasm give us hope for a better future."*
 - *"The project has the potential to bring significant change to our community. We are thankful for the Rotaract Club's efforts."*
-



Launching of Prayas Project

Acknowledgement

We extend our gratitude to the **Rotaract Club of Prestige Institute of Management, Gwalior**, for their unwavering dedication and vision in initiating the Prayas Project. A special thanks to the 56 students who participated in the launch, whose enthusiasm and commitment set the stage for a transformative journey. We also acknowledge the support of the Prestige Institute of Management, Gwalior, for fostering an environment that encourages community service and social responsibility.

Conclusion

The **Launching of the Prayas Project** was more than an event; it marked the start of a sustained effort toward community development and social transformation. The initiative underscored the collective strength of students in addressing pressing social challenges through innovative and collaborative solutions. This launch laid a strong foundation for future activities under the Prayas Project, ensuring a meaningful and lasting impact on the lives of those it aims to serve. The Rotaract Club of PIM, Gwalior, has once again demonstrated its commitment to creating a positive and sustainable difference in society.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Book Distribution
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Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 18.02.2020

Venue: Community Hall, Gwalior

Number of Students Participated: 36

Number of Beneficiaries: A total of 70 books were shared with local communities, libraries, and educational institutions.

Educational Objectives

- To emphasize the importance of literacy and its role in personal and societal development.
- To instill in students a sense of responsibility toward community education and empowerment.
- To enhance students' organizational, communication, and interpersonal skills through active participation.
- To inspire a culture of reading, critical thinking, and lifelong learning among participants and beneficiaries.

General Objectives

- To distribute books to underprivileged individuals and institutions, promoting literacy and education.
- To foster a sense of community and shared knowledge through interactive reading sessions and discussions.
- To support local libraries, schools, and communities by providing them with valuable educational resources.
- To raise awareness about the transformative power of books in shaping minds and opportunities.

Activity Overview

The **Book Distribution Event**, organized by the **Rotaract Club of PIM, Gwalior** on **February 18, 2020**, aimed to provide educational resources to communities in need, promote literacy, and foster a love for reading.

Key Highlights of the Event:

1. **Diverse Book Selection:** Books spanning various genres and subjects were curated to cater to different age groups and interests.
2. **Interactive Reading Sessions:** Students actively engaged in reading sessions with beneficiaries, creating a dynamic exchange of knowledge and ideas.
3. **Community Outreach:** Books were distributed to local schools, libraries, and communities, extending the event's impact beyond individual recipients.
4. **Discussions on Literacy:** Participants engaged in meaningful discussions, emphasizing the role of books in education and personal growth.

The event was organized as a collaborative effort by **36 students** from the Rotaract Club of PIM, Gwalior, who worked diligently to ensure its success.

Impact

1. **Social Impact:**
 - Enhanced access to educational resources for underprivileged communities.
 - Strengthened the culture of reading and learning in local schools and institutions.
2. **Educational Impact:**
 - Provided beneficiaries with tools to enhance their knowledge and skills.

- Raised awareness about the importance of literacy and education for personal and societal development.

3. Personal Growth for Participants:

- Fostered teamwork, organizational abilities, and a sense of empathy among students.
- Encouraged active engagement in community service initiatives.

Feedback and Testimonials

Feedback from Students:

- *"This event taught me how books can truly change lives. It was rewarding to see the excitement on the children's faces as they received their books."*
- *"The reading sessions were a great opportunity to connect with the beneficiaries and share knowledge. It was a meaningful and enriching experience."*

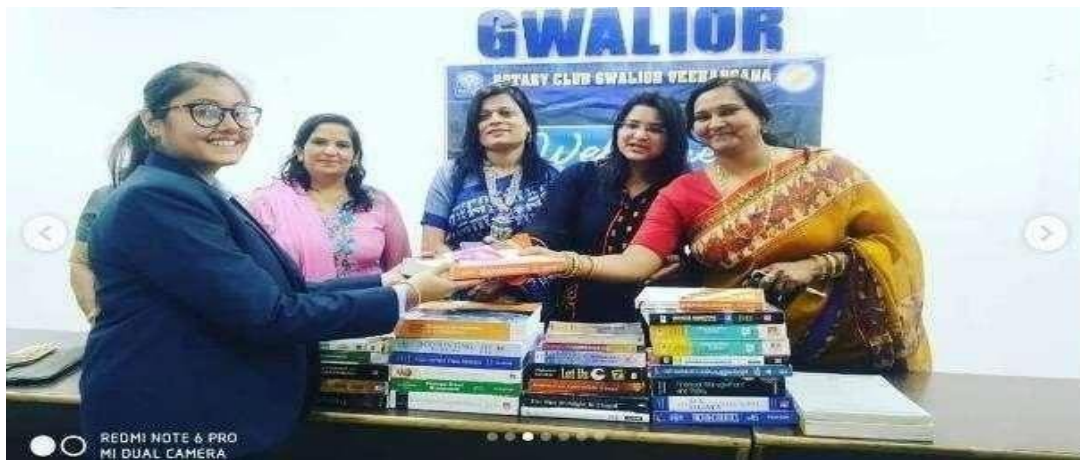
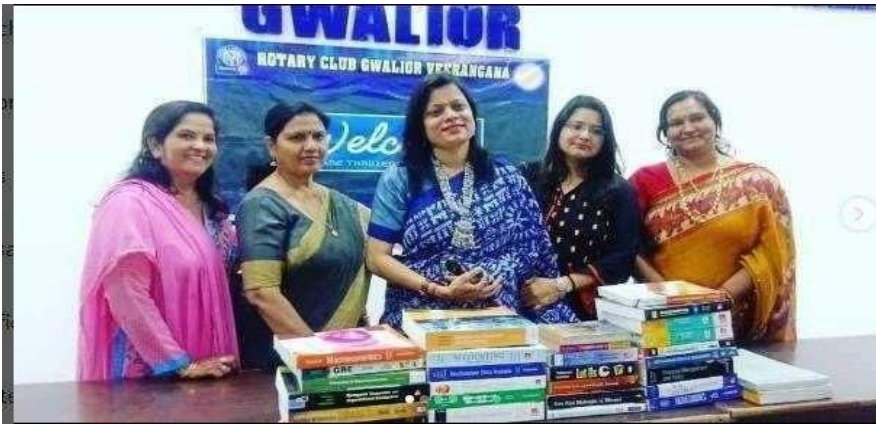
Feedback from Beneficiaries:

- *"These books will help us learn new things and dream bigger. We are grateful for this thoughtful gesture."*
- *"It's inspiring to see young people come together to make education accessible. This effort will leave a lasting impact on our community."*

Event Photographs



Book Distribution Event



Book Distribution to Students

Acknowledgement

We extend our heartfelt gratitude to the **Rotaract Club of PIM, Gwalior** for conceptualizing and organizing the Book Distribution Event. A special thanks to the **36 student volunteers** whose hard work and dedication made this initiative a success. We are also grateful to the donors and collaborators who generously contributed books and resources, helping us reach more individuals.

Conclusion

The **Book Distribution Event** was a remarkable initiative that highlighted the transformative power of education and the role of community engagement in driving social change. Through the distribution of books and interactive activities, the event fostered a culture of reading and emphasized the value of literacy in empowering individuals and communities. The collective efforts of the **Rotaract Club of PIM, Gwalior**, along with the participating students and beneficiaries, created a meaningful impact, reinforcing the idea that education is the cornerstone of a brighter and more equitable future.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Lockdown Blues: How to stay mentally strong

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 12-04-2020

Venue: Community Hall, Gwalior

Number of Students Participated: 46

Number of Beneficiaries: Online Session streamed on social media with 150 external participants and aimed to provide strategies for maintaining mental well-being.

Educational Objectives

- To educate students on the importance of mental health and its impact on overall well-being.
- To provide strategies and tools for coping with stress and anxiety during challenging situations such as lockdowns.
- To foster resilience, emotional intelligence, and a positive mindset among students.
- To encourage open discussions on mental health and reduce the stigma surrounding it.

General Objectives

- To address the mental health challenges faced during the lockdown period.
- To create a supportive platform where students can share experiences and learn coping mechanisms.
- To promote awareness of mental health resources and professional support available.
- To build a community that values emotional well-being and collective resilience.

Activity Overview

The "**Lockdown Blues**" Initiative, organized in collaboration with the **Rotaract Club of PIM, Gwalior**, aimed to address mental health challenges faced by students during the lockdown.

Key Highlights of the Event:

1. **Participation:**
 - A total of 46 students actively participated in discussions and activities.
2. **Expert Sessions:**
 - Facilitators and mental health professionals conducted interactive sessions on stress management, coping mechanisms, and fostering resilience.
3. **Practical Exercises:**
 - Participants engaged in activities such as mindfulness exercises, journaling techniques, and breathing practices to manage stress.
4. **Open Discussions:**
 - Students shared personal experiences and challenges, creating a sense of community and mutual support.

The event emphasized maintaining a positive mindset, fostering resilience, and cultivating habits to support mental strength during uncertain times.

Impact

1. Personal Impact on Students:

- Participants gained a deeper understanding of mental health and learned practical strategies to cope with stress.
- The initiative created a safe space for students to express their feelings and experiences.

2. Community Impact:

- The event fostered a culture of empathy and support among students.
- It highlighted the importance of mental health awareness within the academic community.

3. Educational Impact:

- Students were equipped with knowledge and tools to manage their mental well-being effectively.
- The initiative encouraged students to seek help and break the stigma around mental health discussions.

Feedback and Testimonials

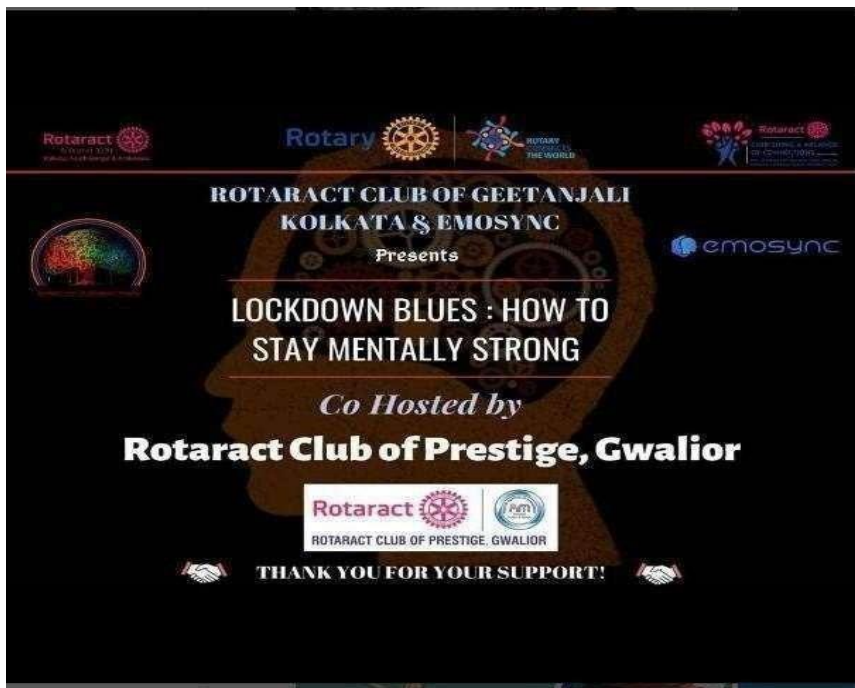
Feedback from Students:

- *"The session was very insightful and helped me realize that I'm not alone in facing these challenges. The coping techniques were practical and easy to implement."*
- *"I feel more confident in managing my stress after this event. It was comforting to hear others share similar experiences and learn from mental health experts."*

Feedback from Beneficiaries (Anonymous):

- *"This initiative came at the perfect time. The tips on mindfulness and resilience are something I'll carry with me beyond the lockdown."*
- *"It was a relief to have an open discussion about mental health. Thank you for addressing such an important topic with care and understanding."*

Event Photographs



Poster of Lockdown Blues: How to stay mentally strong

Acknowledgement

We extend our heartfelt gratitude to the **Rotaract Club of PIM, Gwalior** for organizing this essential event. Special thanks to the facilitators and mental health professionals who shared their expertise and guidance, making the sessions impactful. Our sincere appreciation goes to the 46 student participants who actively engaged, shared, and supported one another throughout the initiative.

Conclusion

The "**Lockdown Blues**" Initiative was a timely and meaningful event that addressed the pressing mental health challenges faced during the lockdown. By providing students with practical strategies and fostering a supportive environment, the initiative underscored the importance of mental well-being and collective resilience. The success of this event highlights the dedication of the **Rotaract Club of PIM, Gwalior** and its participants to creating a healthier and more empathetic academic community. This initiative serves as a reminder that, even in challenging times, unity and support can make a profound difference in overcoming adversity.

Report Submitted by:

Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Chahak

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: Rotaract Club of Prestige Institute of Management, Gwalior

Date of Activity: 17.05.2020

Venue: Community Hall, Gwalior

Number of Students Participated: 80

Number of Beneficiaries: Student Volunteers made food and water arrangements such as 65 “sakora” for birds in institute campus as well as on several trees and walls of DD Nagar area.

Educational Objectives

- To educate students on the importance of mental health and its impact on overall well-being.
- To provide strategies and tools for coping with stress and anxiety during challenging situations such as lockdowns.
- To foster resilience, emotional intelligence, and a positive mindset among students.
- To encourage open discussions on mental health and reduce the stigma surrounding it.

General Objectives

- To address the mental health challenges faced during the lockdown period.
- To create a supportive platform where students can share experiences and learn coping mechanisms.
- To promote awareness of mental health resources and professional support available.
- To build a community that values emotional well-being and collective resilience.

Activity Overview

The "**Lockdown Blues**" Initiative, organized in collaboration with the **Rotaract Club of PIM, Gwalior**, aimed to address mental health challenges faced by students during the lockdown.

Key Highlights of the Event:

- 1. Participation:**
 - A total of 46 students actively participated in discussions and activities.
- 2. Expert Sessions:**
 - Facilitators and mental health professionals conducted interactive sessions on stress management, coping mechanisms, and fostering resilience.
- 3. Practical Exercises:**
 - Participants engaged in activities such as mindfulness exercises, journaling techniques, and breathing practices to manage stress.
- 4. Open Discussions:**
 - Students shared personal experiences and challenges, creating a sense of community and mutual support.

The event emphasized maintaining a positive mindset, fostering resilience, and cultivating habits to support mental strength during uncertain times.

Impact

1. Personal Impact on Students:

- Participants gained a deeper understanding of mental health and learned practical strategies to cope with stress.
- The initiative created a safe space for students to express their feelings and experiences.

2. Community Impact:

- The event fostered a culture of empathy and support among students.
- It highlighted the importance of mental health awareness within the academic community.

3. Educational Impact:

- Students were equipped with knowledge and tools to manage their mental well-being effectively.
- The initiative encouraged students to seek help and break the stigma around mental health discussions.

Feedback and Testimonials

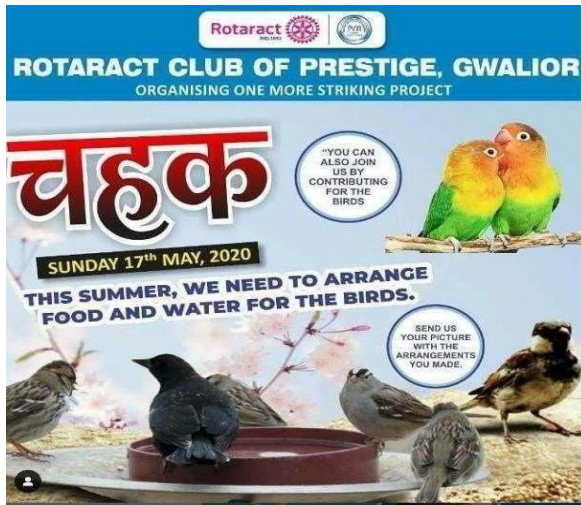
Feedback from Students:

- *"The session was very insightful and helped me realize that I'm not alone in facing these challenges. The coping techniques were practical and easy to implement."*
- *"I feel more confident in managing my stress after this event. It was comforting to hear others share similar experiences and learn from mental health experts."*

Feedback from Beneficiaries (Anonymous):

- *"This initiative came at the perfect time. The tips on mindfulness and resilience are something I'll carry with me beyond the lockdown."*
 - *"It was a relief to have an open discussion about mental health. Thank you for addressing such an important topic with care and understanding."*
-

Event Photographs



Event Poster of Chahak



Students and Faculty Members Contribution in Chahak Event

Acknowledgement

We extend our heartfelt gratitude to the **Rotaract Club of PIM, Gwalior** for organizing this essential event. Special thanks to the facilitators and mental health professionals who shared their expertise and guidance, making the sessions impactful. Our sincere appreciation goes to the 46 student participants who actively engaged, shared, and supported one another throughout the initiative.

Conclusion

The "**Lockdown Blues**" Initiative was a timely and meaningful event that addressed the pressing mental health challenges faced during the lockdown. By providing students with practical strategies and fostering a supportive environment, the initiative underscored the importance of mental well-being and collective resilience. The success of this event highlights the dedication of the **Rotaract Club of PIM, Gwalior** and its participants to creating a healthier and more empathetic academic community. This initiative serves as a reminder that, even in challenging times, unity and support can make a profound difference in overcoming adversity.

Report Submitted by:



Mr. Abhay Dubey
Faculty Coordinator

Name of Activity: Save Water (Poster Making)

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: NSS unit of Prestige Institute of Management, Gwalior

Date of Activity: 01.08.2019

Venue: Community Hall, Gwalior

Number of Students Participated: 75

Number of Beneficiaries: active participation of 40 NSS students who dedicated their efforts to raise awareness about responsible water usage. 56 posters were strategically displayed across the Jiwaji university campus, engaging the attention of students, faculty, and visitors alike

Educational Objectives

- To educate students and the university community about the importance of water conservation.
- To raise awareness of sustainable water management practices.
- To inspire behavioral changes that contribute to reducing water wastage.
- To empower students to become advocates for environmental sustainability.

General Objectives

- To highlight the urgent need for water conservation in the face of increasing water scarcity.
- To foster a sense of environmental responsibility among students and the university community.
- To encourage practical action toward sustainable water usage.
- To spread knowledge through visual communication tools like posters and interactive discussions.

Activity Overview

The **Water Saving Awareness Event**, organized by the **National Service Scheme (NSS) at Jiwaji University** on **August 1, 2019**, was an initiative designed to promote water conservation among the university community.

Key Highlights of the Event:

- 1. Participation:**
 - A total of 40 NSS students actively participated in the event.
- 2. Poster Creation:**
 - Students created visually impactful posters on various aspects of water conservation, such as rainwater harvesting, fixing leaks, and reducing water wastage.
- 3. Awareness Drive:**
 - The posters were strategically displayed across the campus to engage students, faculty, and visitors.
 - NSS students facilitated discussions to explain the significance of the posters and shared actionable tips for water conservation.
- 4. Impactful Communication:**
 - The use of visual elements made the message engaging, memorable, and accessible to a diverse audience.

Impact

1. Educational Impact:

- The event educated the university community about the importance of water conservation and introduced practical methods for reducing water usage.
- It enhanced the creative and communication skills of participating students by involving them in poster-making and interactive discussions.

2. Community Impact:

- The initiative reached a broad audience within the university, fostering a collective sense of responsibility toward environmental sustainability.
- The visually engaging posters inspired meaningful conversations about water conservation.

3. Long-Term Impact:

- By promoting awareness and actionable steps, the event aimed to instill a lasting culture of responsible water usage among students and staff.

Feedback and Testimonials

Feedback from Students:

- *"The event gave me a new perspective on how small actions like fixing leaks or harvesting rainwater can make a big difference in saving water."*
- *"It was inspiring to see the community engage with our posters and share their ideas on water conservation."*

Feedback from Beneficiaries (University Community):

- *"The posters were informative and visually appealing, making it easier to understand the importance of water conservation."*
- *"Interacting with the NSS students helped me realize how simple changes in daily habits can contribute to sustainable water management."*

Event Photographs



Poster Making on Water Conservation

प्रेस्टीज प्रबंधन संस्थान में मनाया गया जल दिवस और छात्रों ने बनाए पोस्टर

PRESTIGE INSTITUTE OF MANAGEMENT
GWALIOR



संस्थान के विद्यार्थियों द्वारा जल बचाओ पर बनाए गए पोस्टर।

ग्वालियर | प्रेस्टीज प्रबंधन संस्थान में एंवायरमेंटल सस्टेनबिलिटी इकाई और राष्ट्रीय सेवा योजना इकाई के संयुक्त तत्वावधान में जल दिवस मनाया गया। इस दौरान विद्यार्थियों ने पोस्टर मेकिंग, स्लोगन राइटिंग, निबंध लेखन से जल बचाओ का महत्व बताया। इस मौके पर संस्थान के निदेशक डॉ. एसएस भाकर, डॉ. वाणी अग्रवाल, सह-समन्वयक डॉ. सोनल सक्सेना मौजूद रहे। इसमें शक्ति प्रताप सिंह, अर्पिता जैन, मोहित नारवानी विजेता रहे।

Acknowledgement

We extend our heartfelt gratitude to **Jiwaji University** and the **National Service Scheme (NSS)** for organizing and supporting this vital initiative. A special thanks to the 40 NSS student participants for their creativity, dedication, and enthusiasm in spreading awareness. We also appreciate the university community for their active engagement and encouragement throughout the event.

Conclusion

The **Water Saving Awareness Event**, led by the **NSS at Jiwaji University**, was a meaningful initiative that addressed a critical environmental concern. By combining creativity, education, and community engagement, the event successfully raised awareness about water conservation and inspired sustainable practices within the university. The active involvement of students and the enthusiastic response from the community highlight the collective potential to tackle pressing environmental issues. This initiative stands as a testament to the NSS's commitment to fostering a culture of sustainability and empowering individuals to make a positive impact on the environment.

Report Submitted by:

Mr. Nitin Shrivastava
Faculty Coordinator, NSS

Name of Activity: Plantation of Peepal Saplings
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Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: NSS,PIMR Gwalior

Date of Activity: 16.07.2019

Venue: Community Hall, Gwalior

Number of Students Participated: 75

Number of Beneficiaries: NSS students planted 50 peepal saplings at Jiwaji Campus.

Educational Objectives

- To educate students about the ecological importance of trees and their role in maintaining biodiversity.
- To create awareness about environmental conservation and sustainability.
- To provide hands-on experience in planting and nurturing trees, fostering a sense of responsibility for nature.
- To integrate environmental education into experiential learning for students.

General Objectives

- To enhance the green cover of the university campus and contribute to ecological balance.
- To instill environmental awareness and responsibility among students.
- To promote the significance of trees, particularly Peepal saplings, in cultural, ecological, and environmental contexts.
- To encourage active student participation in initiatives that contribute to environmental sustainability.

Activity Overview

The **Plantation Program**, organized by the **National Service Scheme (NSS)** at **Jiwaji University** on **July 16, 2019**, was a proactive step towards fostering environmental responsibility and conservation.

Key Highlights of the Event:

- 1. Participation:**
 - A total of 100 registered NSS students actively participated in the program.
- 2. Activities:**
 - **Inauguration Ceremony:**
 - The program began with an inaugural session emphasizing the importance of trees, particularly Peepal saplings, in promoting biodiversity and maintaining ecological balance.
 - **Plantation Drive:**
 - Students actively engaged in planting Peepal saplings across the campus.
 - **Educational Sessions:**
 - Informative sessions on the significance of trees and the role of green spaces in combating climate change were conducted.
- 3. Symbolism:**
 - The Peepal saplings, chosen for their cultural and ecological importance, symbolized the interconnectedness of human life and nature.
- 4. Community Engagement:**
 - The program created an opportunity for students to work together, fostering a sense of teamwork and shared responsibility for environmental sustainability.

Impact

- 1. Ecological Impact:**
 - The program contributed to increasing the green cover on the university campus, promoting biodiversity and ecological balance.
- 2. Educational Impact:**
 - Students gained valuable insights into the importance of environmental conservation and sustainability.
 - The hands-on experience of planting saplings reinforced their understanding of the practical aspects of ecological stewardship.
- 3. Cultural and Social Impact:**
 - The symbolic significance of the Peepal tree highlighted its cultural value and ecological role, encouraging students to appreciate the interdependence of humans and nature.
- 4. Long-Term Impact:**
 - By fostering environmental awareness and a sense of responsibility, the program aimed to develop environmentally conscious citizens who would contribute to sustainability efforts in the future.

Feedback and Testimonials

Feedback from Students:

- *"The Plantation Program was an enlightening experience. It made me realize the importance of small actions, like planting a tree, in contributing to a larger cause."*
- *"Planting the saplings gave me a sense of pride and responsibility toward the environment. I feel more connected to nature now."*

Feedback from Beneficiaries (University Community):

- *"The green initiative by the NSS students has not only beautified the campus but also inspired many of us to take similar actions for the environment."*
- *"The choice of Peepal saplings was thoughtful, as it reflects both ecological and cultural significance."*

Acknowledgement

We extend our heartfelt gratitude to **Jiwaji University** and the **National Service Scheme (NSS)** for their support in organizing this meaningful initiative. A special thanks to the 100 NSS student participants for their enthusiasm and dedication in making the event a success. We also acknowledge the efforts of the faculty and staff who guided and facilitated the program, ensuring its smooth execution.

Conclusion

The **Plantation Program**, organized by the **NSS at Jiwaji University**, was a significant step toward promoting environmental conservation and sustainability. Through the active participation of 100 students and the planting of Peepal saplings, the initiative not only enhanced the ecological landscape of the campus but also instilled a deeper sense of environmental responsibility among the participants. This program stands as a testament to NSS's commitment to holistic education and its vision of fostering environmentally conscious and responsible citizens. The success of this event reinforces the importance of collective action in addressing global environmental challenges and creating a greener, more sustainable future.

Report Submitted by:



Mr. Nitin Shrivastava

Faculty Coordinator, NSS

Name of Activity: International Yoga Day

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: LNUPE, NSS

Date of Activity: 16.07.2019

Venue: Community Hall, Gwalior

Number of Students Participated: 100

Number of Beneficiaries: The NSS students actively engaged in various yoga sessions led by experienced instructors, practicing a range of asanas and meditation techniques at Jiwaji university, ultimately raising awareness regarding the health benefits of Yoga.

Educational Objectives

- To raise awareness about the benefits of yoga for physical, mental, and emotional well-being.
- To promote the importance of fitness and a healthy lifestyle among students.
- To instill civic responsibility and encourage participation in the democratic process, including voting.
- To foster mindfulness and holistic well-being in the academic community.

General Objectives

- To celebrate International Yoga Day as a means of promoting physical health and mental resilience.
- To highlight the connection between a disciplined lifestyle and responsible citizenship, particularly the importance of voting.
- To create an engaging environment that encourages students to incorporate yoga and wellness practices into their daily lives.
- To cultivate a deeper sense of responsibility toward individual health and societal engagement among participants.

Activity Overview

The **International Yoga Day event**, organized by the **National Service Scheme (NSS) at Jiwaji University** on **June 21, 2019**, brought together **100 NSS students** in a celebration of physical fitness, mental wellness, and civic duty.

Key Highlights of the Event:

- 1. Participation:**
 - 100 registered NSS students actively participated in the yoga sessions and discussions.
- 2. Yoga Sessions:**
 - Experienced instructors led the participants through various yoga asanas (postures) and meditation techniques, focusing on the physical and mental benefits of yoga.
 - The yoga practice emphasized improving flexibility, strength, and mental clarity.
- 3. Thematic Connection:**
 - The event uniquely integrated fitness awareness with civic responsibility, encouraging students to recognize the importance of maintaining a healthy body and mind to contribute to society.
 - Discussions on voting rights were included, emphasizing how informed and responsible choices in the democratic process are linked to physical and mental well-being.
- 4. Holistic Approach:**
 - The event incorporated elements of mindfulness, promoting the idea that well-being goes beyond physical health and includes active participation in society, such as voting and community involvement.

Impact

1. Health and Fitness Impact:

- Participants gained a deeper appreciation for yoga as a holistic practice, improving both physical fitness and mental clarity.
- The event encouraged students to adopt yoga and fitness practices in their daily routines, contributing to their long-term health and wellness.

2. Civic Engagement Impact:

- The integration of voting awareness highlighted the connection between maintaining a healthy lifestyle and responsible citizenship, motivating students to become more engaged in the democratic process.

3. Community and Social Impact:

- The event helped foster a sense of mindfulness and responsibility, encouraging participants to become active, informed citizens who prioritize both personal and societal well-being.
- The holistic approach promoted during the event reinforced the importance of balancing physical health, mental well-being, and civic duties.

Feedback and Testimonials

Feedback from Students:

- *"The yoga session helped me focus better and reduced stress, while the discussion on voting inspired me to take more responsibility for my role as a citizen."*
- *"This event made me realize how important it is to maintain both physical health and mental well-being to contribute to society in a meaningful way."*
- *"I found the connection between yoga and voting particularly interesting. It's a reminder that a healthy, mindful individual makes more informed choices."*

Feedback from Beneficiaries (University Community):

- *"The event was a great reminder of the importance of yoga and its impact on overall health. The focus on civic responsibility was unique and thought-provoking."*
- *"It was refreshing to see a holistic approach to International Yoga Day that connected fitness with social responsibility."*

Event Photographs



Celebrating International Yoga day



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प्राचीन परंपरा एवं संस्कृति का अमूल्य उपहार है योग

योग भारत की प्राचीन परंपरा एवं संस्कृति का एक अमूल्य उपहार है। योग वह मध्यम है जिसके द्वारा मानव शरीर में मस्तिष्क एवं शरीर को एक सूत्र में बांधा जा सकता है। यह बात प्रेस्टीज प्रबंधन महाविद्यालय, ग्वालियर के निदेशक डॉ. एसएस भास्कर ने एलएनयूपीई प्रांगण में योग दिवस पर आयोजित विशाल योग समारोह में किरफारा देते समय कही। संस्थान की राष्ट्रीय सेवा योजना इकाई के समन्वयक प्रो. निरंजन श्रीवास्तव के समन्वयन में 250 छात्र-छात्राओं की शिक्षण संख्या में योग कार्यक्रम में शामिल होकर अपनी शारीर एवं सामाजिक दायित्वों को निरंतरता।

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प्रेस्टीज प्रबंधन संस्थान में मनाया गया अंतर्राष्ट्रीय योग दिवस

ग्वालियर। योग भारत की प्राचीन परंपरा एवं संस्कृति का अमूल्य उपहार है। योग वह माध्यम है जिसके द्वारा मानव शरीर में मस्तिष्क एवं शरीर को एक सूत्र में बांधा जा सकता है। यह ही वह एक मात्र विधि है जिससे मनुष्य पकृति के साथ सामंजस्य बनाए रख सकता है। अन्तर्राष्ट्रीय योग दिवस समूचे विश्व को भारत की देन है। यह बात प्रेस्टीज प्रबंधन महाविद्यालय ग्वालियर के निदेशक डॉ. एसएस भास्कर ने समूचे प्रेस्टीज परिवार के साथ एलएनयूपीई प्रांगण में योग दिवस पर आयोजित विशाल योग समारोह में शिरकत करते हुए कही। प्रेस्टीज प्रबंधन संस्थान की राष्ट्रीय सेवा योजना इकाई के समन्वयक प्रो. निरंजन श्रीवास्तव के समन्वयन में 250 छात्र-छात्राओं ने योग कार्यक्रम में शामिल होकर अपनी राष्ट्रीय एवं सामाजिक सहभागिता को दर्शाया। इस मौके पर छात्र-छात्राओं ने योग दिवस को इसी प्रकार प्रतिवर्ष मनाने एवं अधिक से अधिक लोगों को इससे जोड़ने का प्रण लिया। इस अवसर पर प्रेस्टीज परिवार के सभी प्राध्यापकगण, स्टाफ सदस्य एवं मीडिया प्रभारी डॉ. नंदन वेलणकर उपस्थित रहे।



प्रेस्टीज प्रबंधन संस्थान



योग वह माध्यम है, जिसके द्वारा मस्तिष्क एवं शरीर को एक सूत्र में बांधा जा सकता है। योग ही वह एक मात्र विधि है, जिससे मनुष्य प्रकृति के साथ सामंजस्य बनाए रख सकता है। यह बात प्रेस्टीज प्रबंधन संस्थान के निदेशक डॉ. एसएस भाकर ने योग दिवस पर एलएनआईपीई में आयोजित कार्यक्रम में कही। इस मौके पर संस्थान के राष्ट्रीय सेवा योजना इकाई के समन्वयक प्रो. नितिन श्रीवास्तव के मार्गदर्शन में 250 स्टूडेंट्स ने योगाभ्यास में भागीदारी की।



Experienced instructors led the participants through various yoga asanas



NSS Students on International Yoga Day

Acknowledgement

We express our heartfelt gratitude to the **NSS Unit of Jiwaji University** for their invaluable support and to all the participants for their enthusiasm and commitment. Special thanks to the experienced yoga instructors who guided the students through the session and contributed to the success of the event.

Conclusion

The **International Yoga Day** event organized by the **NSS at Jiwaji University** served as a powerful reminder of the interconnectedness of physical, mental, and civic well-being. By engaging students in yoga practice and discussions on responsible citizenship, the event promoted a holistic approach to life that encourages personal health, mindfulness, and active participation in society. This initiative exemplifies the NSS's commitment to nurturing well-rounded individuals who recognize the value of both personal well-being and societal contribution.

Report Submitted by:

Mr. Nitin Shrivastava
Faculty Coordinator, NSS

Name of Activity: Safety Awareness program Against COVID -19

Organized by: Prestige Institute of Management, Gwalior

Collaborating Agency: NSS Unit of Prestige Institute of Management and Research, Gwalior

Date of Activity: 17.4.2019

Venue: Community Hall, Gwalior

Number of Students Participated: 43

Number of Beneficiaries: Volunteers distributed 200 informational pamphlets, posters, and essential supplies like 200 masks and 200 sanitizers to residents.

Educational Objectives

- To educate students and community members about the critical protective measures against COVID-19, including hand hygiene, social distancing, and the proper use of PPE.
- To develop practical skills among participants to implement and promote COVID-19 safety protocols effectively.
- To instill a sense of responsibility and community solidarity in the face of a global health crisis.
- To emphasize the importance of individual actions in contributing to the collective effort of safeguarding public health.

General Objectives

- To raise awareness about COVID-19 prevention measures within the university and surrounding communities.
- To equip students and community members with the knowledge and skills needed to protect themselves and others from COVID-19.
- To mobilize the NSS volunteers to become agents of change and spread awareness in local communities through outreach activities.
- To foster a collective approach to community health and safety during the pandemic.

Activity Overview

The **Safety Awareness Program Against COVID-19**, organized by the **National Service Scheme (NSS)** at **Jiwaji University**, took place on **April 17, 2020**. Aimed at spreading awareness about safety protocols related to COVID-19, the program involved **43 registered NSS students** who actively participated in both educational and outreach activities.

Key Features of the Event:

- 1. Informative Session:**
 - Experts and healthcare professionals led a session that focused on essential COVID-19 safety protocols such as hand hygiene, social distancing, and the proper use of PPE.
- 2. Practical Training & Demonstrations:**
 - NSS students were trained on implementing COVID-19 safety measures, including how to properly sanitize hands, maintain physical distance, and use face masks and gloves.
- 3. Community Outreach:**
 - Volunteers distributed informational pamphlets, posters, and essential supplies like masks and sanitizers to local communities. This initiative aimed to create a broader impact by spreading awareness about COVID-19 prevention.
- 4. Ambassadorship of Responsible Citizenship:**
 - The NSS students took on the role of ambassadors for responsible behavior during the pandemic, encouraging safe practices within their circles.

Impact

1. Knowledge and Skill Development:

- Participants gained a better understanding of the key measures to prevent the spread of COVID-19 and learned how to implement these actions in daily life.
- The program helped students become better equipped to handle the pandemic while ensuring the safety of themselves and others.

2. Community Outreach and Awareness:

- The distribution of educational materials and safety supplies extended the program's reach, empowering community members to adopt COVID-19 safety protocols.
- The initiative successfully engaged both the university and local communities, promoting a collective effort in combating the virus.

3. Promotion of Community Solidarity:

- The program emphasized the importance of unity and collective action, with participants and volunteers becoming proactive agents of change in their communities.
- The event demonstrated how local efforts can contribute to a larger movement in fighting a global pandemic.

Feedback and Testimonials

Feedback from Students:

- *"The program gave me practical skills on how to properly use PPE and sanitize effectively. It's an important life skill, especially during a pandemic, and I'm glad I could share that knowledge with others."*
- *"I feel proud to be part of this initiative. We didn't just learn about COVID-19 prevention; we also went out and helped others understand how they can stay safe."*
- *"The interactive sessions were really informative, and I felt more confident in taking action to protect myself and my community from the virus."*

Feedback from Beneficiaries (Community Members):

- *"I received a pamphlet that explained everything I needed to know about preventing the spread of COVID-19. The information was clear and easy to understand. Thank you for the masks and sanitizers too!"*
- *"The volunteers were very knowledgeable and explained the safety protocols in a way that made sense. I feel more confident in following these guidelines now."*

Acknowledgement

We would like to extend our deepest gratitude to the **NSS Unit of Jiwaji University**, the **healthcare professionals**, and **all the volunteers** who contributed their time and energy to make this initiative a success. Special thanks to the local communities who embraced the safety measures and actively participated in promoting a safer environment.

Conclusion

The **Safety Awareness Program Against COVID-19**, led by the **NSS at Jiwaji University**, played an integral role in raising awareness about the importance of adhering to safety protocols during the pandemic. Through a combination of education, practical training, and community outreach, the event made a significant impact in equipping students and community members with the knowledge and tools to protect themselves and others. By encouraging responsible behavior and fostering community solidarity, the program demonstrated the power of collective action in addressing public health challenges. This initiative stands as a testament to the NSS's commitment to community welfare and public safety during these unprecedented times.

Report Submitted by:



Mr. Nitin Shrivastava
Faculty Coordinator, NSS

Name of Activity: International Human Rights Day

Organized by: Prestige Institute of Management, Gwalior,

Collaborating Agency: NSS Unit of Prestige Institute of Management and Research, Gwalior

Date of Activity: 10.12.2019

Venue: Jiwaji University, Gwalior

Number of Students Participated: 52

Number of Beneficiaries: 250 Students of affiliating institutes of Jiwaji University participated in the Event and were Sensitized regarding their human rights.

Educational Objectives

- To educate students and community members about the importance of human rights and the global challenges surrounding their protection.
- To develop a deep understanding of the fundamental principles of human rights, including social justice, equality, and inclusivity.
- To inspire students to actively participate in discussions and actions that promote and safeguard human rights.
- To encourage students to become advocates for human rights both locally and globally.

General Objectives

- To raise awareness about human rights issues, focusing on marginalized communities and global challenges.
- To provide a platform for discussions and advocacy on the protection and promotion of human rights.
- To engage students in creating educational materials that highlight key human rights issues and solutions.
- To extend the impact of the event through community outreach, ensuring the message reaches broader populations.
- To encourage active involvement in the promotion of human rights within the local community and society.

Activity Overview

The **International Human Rights Day Program**, organized by the **National Service Scheme (NSS)** at **Jiwaji University**, took place on **December 10, 2019**. The event aimed to promote awareness and advocacy for human rights, engaging **52 registered NSS students** in discussions, workshops, and community outreach.

Key Features of the Event:

- 1. Inauguration Ceremony:**
 - Human rights activists, legal experts, and keynote speakers shared their insights on global human rights issues, setting the tone for the day's activities.
- 2. Interactive Discussions & Workshops:**
 - NSS students engaged in group discussions on topics such as social justice, equality, and challenges faced by marginalized communities.
 - Workshops were conducted to encourage participants to develop creative and impactful strategies for advocating for human rights.
- 3. Awareness Campaigns & Educational Materials:**
 - Participants collaboratively created pamphlets, posters, and other informative materials highlighting key human rights principles. These materials were shared within the university and the local community to spread awareness.
- 4. Community Outreach Programs:**
 - NSS students extended their efforts beyond the campus by visiting local communities to share information about human rights, encourage dialogue, and raise awareness about violations.

Impact

1. Increased Awareness:

- The program led to greater awareness of human rights issues, particularly regarding marginalized communities and the challenges they face.
- The creation and distribution of informational materials helped spread knowledge about fundamental human rights principles, including social justice and equality.

2. Empowered Advocacy:

- NSS students were empowered to act as advocates for human rights, using the knowledge gained from the event to promote these values in their communities.
- The event facilitated the development of leadership skills, encouraging students to take on roles as responsible citizens who actively contribute to societal change.

3. Community Engagement:

- The outreach activities ensured that the message about human rights reached local communities, promoting dialogue and a deeper understanding of their rights.
- Community members were encouraged to voice their concerns regarding human rights violations, helping to build a more informed and active community.

Feedback and Testimonials

Feedback from Students:

- *"The program helped me realize how vital human rights are for every individual. I feel more inspired to spread awareness and be an advocate for justice and equality."*
- *"The discussions and workshops were eye-opening. I learned about real issues people face, and I feel motivated to take action for those whose rights are violated."*
- *"Being part of the outreach programs allowed me to directly engage with people. It was fulfilling to see the positive change we could bring through simple conversations."*

Feedback from Beneficiaries (Community Members):

- *"The information shared by the NSS volunteers was very informative. I now understand my rights better and feel more empowered to stand up for myself and my community."*
- *"The campaign helped me realize how important it is to protect human rights. I am grateful for the efforts of the students in bringing these issues to the forefront."*

Acknowledgement

We express our sincere gratitude to the **NSS Unit at Jiwaji University**, the **human rights activists, legal experts**, and all the **volunteers** who contributed to making the **International Human Rights Day Program** a success. We also acknowledge the active participation of the **local communities**, who engaged in discussions and took the time to learn more about their rights.

Conclusion

The **International Human Rights Day Program** on **December 10, 2019**, organized by the **NSS at Jiwaji University**, was an impactful initiative that successfully raised awareness about human rights issues and empowered students and community members to take action in promoting these rights. Through engaging discussions, workshops, and community outreach, the program not only educated participants but also created a ripple effect of advocacy, reinforcing the importance of social justice, equality, and inclusivity. The event stands as a testament to the **NSS's commitment** to social responsibility and its role in cultivating active, informed citizens dedicated to creating a just and equitable society.

Report Submitted by:



Mr. Nitin Shrivastava
Faculty Coordinator, NSS

Name of Activity: Vriksharopan: NSS Establishment Day

Organized by: Prestige Institute of Management, Gwalior,

Collaborating Agency: NSS Unit of Prestige Institute of Management and Research, Gwalior

Date of Activity: 24.09.2019

Venue: Jiwaji University, Gwalior

Number of Students Participated: 70

Number of Beneficiaries: More than 40 Saplings were planted across the localities of DD Nagar area.

Educational Objectives

- To educate students about the history, values, and objectives of the **National Service Scheme (NSS)**.
- To highlight the role of **NSS in community service**, social responsibility, and volunteerism.
- To inspire students to actively engage in **social causes** and contribute to **community development**.
- To promote the significance of **service learning** and how it shapes responsible citizenship and leadership.
- To foster a sense of **civic responsibility** and social consciousness among the participating students.

General Objectives

- To commemorate the **establishment of the NSS** and reflect on its journey and contributions to society.
- To engage students in discussions, workshops, and activities that emphasize the importance of **volunteerism** and **community service**.
- To acknowledge and appreciate the efforts of **current and past NSS members** in making a positive impact on the community.
- To encourage the **sharing of experiences** among NSS members to inspire new ideas and strengthen the commitment to service.
- To foster a sense of **unity, community, and camaraderie** through cultural events and community outreach programs.

Activity Overview

"Vriksharopan: NSS Establishment Day" was celebrated on **September 24, 2019**, with **70 registered NSS students** actively participating in the program. The event focused on commemorating the **founding of NSS** and honoring the **spirit of volunteerism** through a series of educational, cultural, and community engagement activities.

Key Highlights of the Event:

- 1. Inauguration Ceremony:**
 - The event began with an inaugural ceremony that celebrated the **history of NSS**. Distinguished guests, including former NSS members, shared their personal experiences and insights. This fostered a sense of continuity and pride among the students.
- 2. Workshops & Panel Discussions:**
 - Participants engaged in workshops and panel discussions that revolved around **social service, community development, and civic responsibility**. These discussions aimed to empower NSS students to take more active roles in community projects.
- 3. Community Outreach Programs:**
 - NSS students organized and participated in **outreach activities**, contributing to local causes and addressing issues faced by the surrounding communities.
- 4. Cultural Events:**

- To balance the serious discussions with creativity, the event included **cultural performances** by the NSS members. These performances helped build camaraderie among students and added vibrancy to the celebration.

5. **Recognition & Acknowledgement:**

- The contributions of past and current NSS volunteers were formally recognized, with awards and appreciation for their dedication to community service.

Impact

1. **Enhanced Awareness:**

- The event raised awareness about the goals and values of the **National Service Scheme**, ensuring that students understand the significance of their role in shaping a socially responsible community.

2. **Inspiration for Future Engagement:**

- The workshop discussions and experiences shared by former members inspired students to continue the legacy of NSS and take proactive roles in social and community service projects.

3. **Strengthened Sense of Community:**

- The cultural events and interactive sessions helped build a stronger sense of unity among NSS students, reinforcing their shared commitment to volunteerism.

4. **Active Community Involvement:**

- Through community outreach, NSS students not only celebrated the day but also made tangible contributions to local causes, extending the impact of the event beyond the university campus.

Feedback and Testimonials

Feedback from Students:

- *"The event helped me realize the true essence of volunteerism and community service. It was inspiring to hear the stories of former NSS members and learn from their experiences."*
- *"I enjoyed participating in the cultural activities as much as I did in the workshops. The whole event gave me a sense of pride in being part of NSS and motivated me to take on more responsibilities."*
- *"The discussions on social service were enlightening. They gave me new ideas for community projects, and I am excited to implement some of them in the future."*

Feedback from Beneficiaries (Community Members):

- *"The NSS volunteers' contributions were very helpful. It's heartening to know that the students are not just focusing on their education but are also actively helping the local community."*
- *"We appreciate the NSS volunteers coming to our neighborhood to address issues. It makes us feel heard and supported by the youth."*

Event Photographs



Tree Plantation on NSS Establishment Day

Acknowledgement

We would like to extend our sincere thanks to all **NSS volunteers, former NSS members, distinguished guests, and faculty members** who contributed to the success of the **Vriksharopan: NSS Establishment Day**. Special thanks to the **students** for their active participation and to the **local communities** for welcoming and engaging in the outreach programs. Your collective efforts made this event meaningful and impactful.

Conclusion

The **Vriksharopan: NSS Establishment Day** on **September 24, 2019**, was a landmark celebration, reflecting the **legacy of NSS** and its ongoing commitment to **community service** and **social responsibility**. The active participation of **70 NSS students** exemplified the organization's values and its impact on fostering **socially conscious individuals**. Through educational sessions, community outreach, and cultural engagement, the event not only marked an important milestone for NSS but also inspired the student body to continue working towards the betterment of society. This celebration stands as a testament to the transformative power of **volunteerism** and the ongoing journey of **NSS at Jiwaji University**.

Report Submitted by:

Mr. Nitin Shrivastava
Faculty Coordinator, NSS